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UNITY

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Merry Christmas

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Cover Photograph by Josef Muench

Monthly Thoughts

BY CHARLES FILLMORE

To Be Used from December 20 to January 19

Illumination: Christ, the living Word, is born anew in me, and my soul is athrill with new inspiration.

Prosperity: I praise and give thanks to the Christ mind for the fullness of substance now making prosperity manifest everywhere.

Healing: I praise and give thanks to the Christ mind for the rich substance of Spirit now filling my body with perfection and health.

For instructions about these thoughts turn to page 48

UNITY

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Good Tidings of Great Joy

from the writings of

CHARLES FILLMORE

WHAT IS the greatest event that has ever taken place on this earth?

Great events recorded since the dawn of history are numerous and the question of which is pre-eminent is open to debate. There are great events in nature and great events in the affairs of men. Geologists read the prehistoric record of the earth's crust for marks of great events, and there are also some of a legendary character on which we speculate with interest. For example, we are eager to know the facts of the catastrophe that overtook the fabled Atlantis, mentioned by Plato. That the earth, our little speck of dust in the mighty galaxy of the heavens, has had some terrific shocks in her lifetime, her rugged surface shows.

That our planet has a soul and can remember her past is not taught by our men of science, but

analogy and logic bear witness to its truth. At some time in the past an event must have suddenly chilled its salubrious climate and ushered in the glacial period. Science has detected a "jerky" condition in the elements that surround and infold the earth, which the metaphysician says may be the remembrance of a planetary blow given her by some passing body. So nature tells us of tremendous physical events that have convulsed the face of the earth. Noah's flood was a great event, but there have been others fully as remarkable, of which we have no historical accounts.

But these events that have so frightfully marked the earth are weak when compared with an event that took place some two thousand years ago in a little corner of the earth called Palestine. That event was the birth of a child named Jesus.

Wise men from the East came to find the young child Jesus and to bring Him presents. In individual unfoldment this is representative of the wisdom that comes to man as he rises from sense consciousness to spiritual consciousness. It is said by wise men (and by wise men I mean those who are familiar with spiritual law) that with the birth of Christ in man's consciousness there is provided by the Father all that is necessary for the care of the Christ child. The consciousness of the new life is first formed in the mind, but it has a visible expression. Jesus was the visible expression of the Christ. The visible expression was in harmony with its mental prototype, which was founded in a higher law than the ordinary man comprehends. Jesus represents what is going on in every one of us who receives Truth and applies it.

very believer in the new birth, in regeneration, eds wisdom to deal with the new forces, the new e and the substance that are quickened in him. Visdom is more precious than rubies and through it e shall become masters of all things, as Jesus emonstrated.

The birth of Jesus was not accompanied by the ageantry of men, in fact it was unusually poor and are. Yet it portended the transformation of the hole world. That little babe was a real conqueror. He was the royal rider on the white horse, "and here was given unto him a crown: and he came orth conquering, and to conquer."

This greatest event of the world's history has not een in any way engraved in the soil of the earth, et it has affected the people as none other. The irth of Jesus is remembered every time a transaction of any kind takes place; even when a common etter is written the month and year of that great event is indicated at its head. The influence of Jesus' thought is so tremendous as to have transcended the records of our common world. While He is not counted among the world's immortals He is carried in the race mind as God Himself.

Civilization with spiritual standards did not exist until Christianity was introduced to the barbarian tribes of Europe. It is reported that when Disraeli was prime minister of England he was twitted by a colleague in Parliament about his Jewish ancestry. He replied, "When your ancestors were savages roaming the forests of Brittany and Germany, mine were princes and kings living in palaces and temples." History proves this to be true, but his-

tory does not give to Jesus the credit for lifting the nations of the world from darkness to light.

Jesus taught the unity of all nations, and when this truth is recognized differences will be adjusted in love and understanding, and a great solidarity will follow.

Neither the religious nor the scientific world has associated Jesus and His doctrine with the physical elements of the universe, although Jesus often compared Himself to light and substance or bread. Now as we begin to delve into the primal source of matter, radiant and static, we find that it emanates from ideas, from which all things proceed. When Jesus announced, "I am the light of the world," He was stating a scientific fact that modern science is beginning to grasp. Sir James Jeans in his book, "The Mysterious Universe," says: "For aught we know, or for aught that the new science can say to the contrary, the gods which play the part of fate to the atoms of our brains may be our own minds. Through these atoms our minds may perchance affect the motions of our bodies and so the state of the world around us. Today science can no longer shut the door on this possibility; she has no longer any unanswerable arguments to bring against our innate conviction of free-will." Jesus not only proclaimed that He was the light of the world but He included us in that light, "Ye are the light of the world," which was followed by a call to action: "Let your light shine before men; that they may see your good works, and glorify your Father who is in heaven."

Jesus not only made union with the ideas that form the light but He also turned the current into

e minds of others and they became centers of diance that flashed up into the superconscious or avenly mind.

The announcement of an American scientist at the atom was no longer conceived as matter t as mind has given increased significance to the peated affirmations of Jesus of His work in and ith the light. He had made contact with the source light and He was raising its potency for the whole ce. So all nature was vitalized by the more abunant life and light of the Great Master.

Not only did nature receive more light and life rough Jesus, but He also baptized with Spirit light nd understanding all persons who believed in Him. While ye have the light, believe on the light, that e may become sons of light."

Occultists have long taught that we are all radiatng centers of light and intelligence and that nature stimulated or depressed by the emanations of our inds and bodies. When a great soul like Jesus is orn into the world, everything is lifted up. So esus was stating a scientific truth when He said, "I, f I be lifted up from the earth, will draw all men nto myself."

As we gain a deeper understanding of the spirtual power of Jesus we shall see that His birth and ife was the greatest event in the evolution of man; nd as the years go on we shall more and more appreciate and celebrate Christmas.

For thou wilt light my candle: the Lord my God will enlighten my darkness.—PSALMS.

You Have Received!

MARGARET WOODWARD LARSON

ONE OF THE most difficult things for the human mind to grasp is the simple, unfailing workability of the rule Jesus gave us when He told us how to pray so that our prayers will be answered. "All things whatsoever ye pray and ask for, believe that ye receive them, and ye shall have them." Gently He went on to tell us, "Ye ask, and receive not, because ye ask amiss."

In spite of the positive simplicity of Jesus' words, the human mind continues to cry out in bewilderment: "But how else shall I ask? I've prayed with all the faith I have; I've asked in every way I know. I honestly believe that God is the only power, that He can do all things—but why doesn't He? I've never stopped believing in God, and still my prayers are unanswered. Why?"

Isaiah said, "Come now, and let us reason together." Suppose we do just that, you and I, and see wherein we—or our prayers—have failed.

In the first place, Jesus made a promise. It was not "maybe" or "perhaps," but a clear and concise statement of what He knew to be fact—that all things whatsoever we ask for will be done unto us. He qualified His statement with only one stipulation: "Believe that ye receive them." We believe in God. We believe in the sincerity of Jesus' promise, but do we actually believe that we have *already* received that for which we pray?

"But how can I believe that?" you ask. "If I believed I already had that for which I pray, there would be no need for prayer at all! And yet we are told to ask. We are told to 'pray without ceasing.' "

It is true that we would not ask for things if we knew—not just hoped—that we actually have them; but we would be grateful for them, would we not? We would be so filled with the joy of knowing that God has already given us His wonderful gifts that we could not keep the thanksgiving from welling up in our hearts, shining in our lives, and reflecting in our affairs. Is not this the true meaning of prayer, *praise!*

Ye have received!

We know that God is the one Creator. Have we also stopped to realize that God's creation is already completed and finished? By His word we know that He made all things. We are told that on the sixth day "God saw everything that he had made, and, behold, it was very good."

All things that have been, that now are, or that are to be evidenced already exist and have always existed in the complete, good, and perfect creation of God. The beautiful form, shape, and color of a lovely flower is contained whole and perfect in the tiny brown seed we place in the ground. We see the seed; God sees the flower within the seed. To Him the seed and the flower are one.

Surely our desires and needs are the seeds that contain within themselves the flower of their own fulfillment. It must be so. How could it be otherwise? Would it be possible to desire anything that God has not thought of, to want anything that does

not already exist or that exists somewhere outside the consciousness of God? Our very desire for a thing must be proof that it actually exists here and now. How could we think of anything, invent anything, imagine anything that has not already occurred to God? Remember, there is nothing outside of God. "I am Jehovah, and there is none else; besides me there is no God." God's infinite, perfect creation is completed and contains all things now.

When man discovered electricity he did not create something new. He found and learned to use a force that had always existed. When man writes a beautiful symphony he is not creating something that has never existed. Music has always existed as part of God's creation since the beginning. We discover something that seems new to us, but it is only the outer form or mode of expression that varies and appears new. The reality of it already existed in God or we could not have discovered it.

We have been told that "every good gift and every perfect gift is from above, coming down from the Father of lights, with whom can be no variation, neither shadow that is cast by turning." All good that we desire comes, then, from God and is in God now. But we have been given the power of imagination and of choice, and it is by these powers that we shape the form in which our good is to be expressed.

The only limitation to the fulfillment of our desires and the answer to our prayers lies in our capacity to receive and use that which God has already prepared for us. For instance, each of three men might be given a lump of clay. The first man

ıay look at the clay and think, "What an ugly, use-
ɜss mass this is!" and toss it in the nearest waste-
asket. The second man may look at his clay and
ıink: "H'm. What a funny shape and size! Looks
lmost like a little, shaggy dog," and begin to work
vith the clay until the little dog he had imagined
akes shape and form under his fingers.

The third man looks at the clay and in his mind
ıe sees the shadowy figure of a small child, running,
ıis head thrown back in childish laughter. Gently
his man's fingers stroke and mold the clay until
rom it emerges an exquisite, perfect figure of a
ittle child.

Each man reproduced what he saw, in the clay.
The first man was capable of creating beauty, but
ie simply failed to recognize it. He judged by the
ɔuter appearance; he did not see the hidden beauty
hat was in the clay. It is God alone who creates;
nan merely appropriates. The amount and quality
of what we appropriate or receive depends solely on
ɔur vision. If we desire greatly, we receive greatly. If
we desire limitedly, we receive limitedly.

All of us have heard the saying, "There is
nothing new under the sun," but not many of us
stop to realize its true meaning. In our blindness
we continue to cry out: "But I am ill—or I am in
poverty and want. Even though I know that health
and prosperity are realities, because I see others who
are blessed with these things, how can I realize them
for myself?"

There is only one way. The way Jesus taught us.
We must realize that prayer is not asking for some-
thing new to be created in us or for us, but rather

it is the conscious realization and recognition of the already present beauty waiting to be shaped into the form of our desiring by our steadfast faith. Faith itself is the knowing that what we desire already is.

God has told us, "I am the Alpha and the Omega," the beginning and the end, including all. If this is true, then it is true always, for is not God omnipresent, everywhere, and at all times? By accepting this, by realizing this as Truth, the thing for which we pray is released into visible manifestation.

As we "reason together," many of us are willing to accept the truth of these things of God, which we have recognized in Jesus' teachings, but in our human minds remains the one question that has plagued mankind and halted his progress in understanding through the ages. Right this moment many of us are saying: "Everything within me cries out to believe; but what of the very real tragedies of our lives? What of war and famine and flood? What of earthquakes and epidemics and disasters? Many good Christians who are following the teachings of our Lord are undergoing such terrible things today that are so horribly real! If God is the one creator, from whence come these things? Why doesn't God stop them?"

The race will continue to suffer these tragedies as long as we continue in our belief in two powers—good, which we call God, and evil.

God is the one Creator. Man is a creator! Man is the great magician, the creator of illusion in this "vale of tears" we call life. And yet the so-called creations of man, however real and horrible they may

seem, cannot be sustained, for they have no basis in Truth.

Truth is that which is forever real and changes not. It stands without shadow or variation of turning from everlasting to everlasting. Truth cannot be added to nor subtracted from, because it is whole and complete and contains all. However, even with our material sensing, we can see that all we know as evil, all that is not good in our lives is in a constant state of flux, of change, is an up-and-down graph of human emotions, beliefs, and reactions.

Let us understand once and for all that we cannot long continue to bear witness—false witness—against Truth without suffering. We have been told much concerning the power of our thinking, but we must realize that all the right or positive thinking in the world cannot "create" goodness and beauty in our lives, because all goodness and beauty already exist in the perfect, completed creation of God and is God! Right thinking cannot create, for God is the only creator; right thinking simply recognizes that which already is and appropriates it joyfully, using it for the betterment of the individual, the race, and the world.

But, oh! the havoc we deal ourselves by our wrong thinking, by our belief in both good and bad! Have we forgotten that God, in His finished creation, which He Himself called good, made man in His own image and likeness and gave him dominion over earth and all that is in it! How constantly we exercise this dominion without being aware we are doing so!

Let us look at the state of human conflict we

call war. Wars are made by man. Wars stem directly from fear, lust, greed, and cruelty. Surely these qualities are not from God and have no existence in His completed, perfect universe of creation. They are only concepts in the imagination of man's hearts.

Statistics of material science have proved that during any period of war there appears a corresponding upheaval of nature. Floods, earthquakes, epidemics—disaster following disaster are attendant with war. Surely we can see that since man has dominion over earth and all that is in it even nature responds to man's thinking and beliefs! It is not that we go around thinking of floods and epidemics and willing them into manifestation; it is only that the hysteria and fear, the greed and malice in the hearts of men create corresponding violence and disturbance in the world around us. It is our dominion over earth being exercised without our conscious realization! And yet we dare to claim these things are "acts of God"!

As a simple illustration, let us suppose that we are standing in a semidarkened room and see our shadow cast upon the wall. If we stand upright with a natural poise, our shadow will be a straight and graceful reflection of our body. If we choose to hunch our shoulders, puff out our cheeks, and twist our arms at a grotesque angle, our shadow will be a misshapen caricature of our body. And yet this shadow is a real shadow, a true and accurate reflection of the way we have distorted our body in order to cast the shadow. Although the distortion is a real distortion and the shadow a real reflection of this distortion, neither the shadow nor the twisted

body that cast it are the truth of our body! All we have to do is to stand straight and upright, and the shadow changes to reflect the truth of our being.

Of course, the longer we stand stooped and bowed the harder it is to straighten up; even when we know our true position and really want to stand upright our long years of unnatural position make it difficult for us to do so. It takes constant effort, constant vigilance on our part to keep from slumping back into our old habitual stance, but it can be done if we keep on trying.

Heretofore, we have been so fascinated by the reality of the "shadow of death," which the distortion of our real identity has cast over our material life, that we actually claim as reality the shadow and the distortion that caused it. Today there are many of us who are coming into the full realization of the Truth of being, the same Truth Jesus taught—that we are spiritual beings created in the spiritual image and likeness of Spirit itself. Today the sick are being healed, poverty is being turned into abundance, sorrow is becoming joy because at long last man is beginning to understand what Jesus meant when He said, "Know the truth, and the truth shall make you free"!

Surely now we can better understand how we have "asked amiss" and why our prayers have seemed to go unanswered. When we take our natural, true position as sons of God, already perfect, already part of a finished and perfect creation, then we shall find that the shadows of life we have called circumstances and conditions cannot help reflecting that which is Alpha and Omega, the beginning

and the end and including all good.

Our very acceptance of this as Truth makes our desires manifest. How can it be otherwise?

Oh, man, Spirit of God made manifest! "Awake, thou that sleepest." Only believe you have received. It is already done unto you as you desire!

The Purpose of Unity

Unity School of Christianity is a religious educational institution teaching the use of the Jesus Christ doctrine in everyday life, and is not a church. However in disseminating the teachings of Unity, based upon the Bible and especially upon the teaching of Jesus Christ, teachers have formed independent organizations for study and worship, and these organizations have evolved into groups called centers, societies, assemblies, and churches. These groups are a part of the Unity fellowship and work in close co-operation with the Unity School of Christianity, but Unity is not a denomination nor a sect. Those who study the Unity teachings and who attend a Unity church are free to keep their affiliation with any church they desire. Unity teachings explain the action of mind, the link between God and man. They explain how mind affects the body, how it brings man into an understanding of God. Accept what, in Unity, appears to you to be Truth, and withhold judgment on the remainder until you understand it.

The Humble Birth

MARY L. KUPFERLE

IS YOUR HEART freely, gladly singing "Joy to the world! the Lord is come!" Are you rejoicing in the Christmas story, in the promise of the birth of the Christ in man? Or is your heart heavy-laden with sorrow and suffering and doubt? Do you feel that the wonderful story of long ago holds no promise for you as an individual in today's world?

You will remember that it seemed impossible to the people of Jesus' time that anyone from the lowly city of Nazareth could rise to a position of authority or fame. Yet the Saviour of all mankind, the acknowledged Messiah, the Deliverer, the Son of God did, indeed, come "out of Nazareth." So it is that out of the appearances of human limitation the Christ is born, born within you and me and every man as we become still and listen, hear and accept the truth about our divine heritage.

Although we are told that the infant Jesus came into the world upon a certain date, the time of birth of the Christ Spirit cannot be so designated or specified. The Christ idea has existed in the heart of God as a pronouncement of His word since the beginning of time. It did not originate with the man Jesus, but came "out of" the individual Jesus according to His great response to its message within Him.

"But how," cries the yearning heart, "can I become more aware of the Spirit you say dwells within me? How can the Christ be born in me?" The an-

swer is as simple and as natural as the incident that took place in the manger in Bethlehem. Your nativity and mine is concerned not so much with outer activity and stirring heroism as with silent inner awakening, with a gradual moving of the heart closer and closer to the indwelling truth of God's creation, with an attitude of praise and adoration toward our God of all good.

Sometime ago, in speaking of the wonder of the birth of the Christ within, a friend related an incident that brought vividly before her the simple manner in which the soul awakens to its inherent identity. One day when she was hurrying across the street toward an afternoon appointment, she noticed a young mother having difficulty holding a tiny baby. The blanket had slipped away from the crying child, and the brisk wind caught it and ripped at it.

With a handbag and a half-filled feeding bottle in one arm and the baby in the other, the mother stood still for a moment, uncertain, anxious. "Although I have never talked easily with strangers," my friend continued, "I suddenly felt an amazing love and concern sweep over me. I walked up to the young woman, helped her arrange the blanket about the child, and spoke a few words of praise and encouragement.

"It was such a little thing to do, but I've never forgotten the surprising, overwhelming feeling of love and blessedness that surrounded us as we stood there together. And I'm sure she must have felt it, too, for she walked away smiling in happiness. Something was present within me that I cannot explain, except as a feeling of spiritual joy, a new aware-

ness of what it might be like some day to love everyone with the Spirit of Christ, to live as a true child of God."

Many of us look without for some tremendous event, some miraculous and earth-shaking circumstance or condition to arouse all at once our full faith and understanding of God and our indwelling Christ identity. But it is through many small experiences, through willingness to act daily in kind and gentle words and deeds, through love and understanding that the Christ begins to become alive and real to us.

Occasionally some earnest person may feel himself fully "born anew" in one great moment, but for the majority of us growth comes about as the result of simple day-by-day learning, simple step-by-step practice and development. It is with every smallest determination to behold the good in others, with every word of praise and love, with every prayer and affirmation, with every encouragement of the highest and best within us that the Christ is born within us!

"But I've done many of these things," some may protest, "and the reward of Christ awareness has not come to me! In fact, the returns have often been resentment and ingratitude and only further discouragement!" Think for a moment of the life of the man Jesus. Did not Mary and Joseph flee with their infant son into Egypt for safety? Did not the multitudes seek Him out to condemn and persecute and destroy Him?

The birth and growth of the Christ within, although simple and humble, is not easy and requires continually greater love and greater understanding

for orderly development. It is at this point that we find the story of the Master's life becomes more than a mere "story"; it becomes our own individual way of life toward the overcoming of negation, toward the increase of our peace and joy and success.

Many of us have wondered whether Jesus' birth and life was an actuality or whether it is merely given us as a symbol for the upliftment and benefit of mankind. To the sincere followers of the Christ principles, to those who believe in the promises of God it must be both!

To know that the infant Jesus was born in a manger of humble parents, to read and understand His gradual growth in "wisdom and stature" to manhood and His acceptance of the responsibility of universal ministry, to feel the depth of His personal sacrifices and the joy of His overcomings is a vital part of spiritual understanding. This viewpoint of the Christ life brings to heart and mind basic proof of the power of the indwelling Spirit of all mankind.

Someone has said, "You will never see God until you can see Jesus, for it is Jesus who reveals the nature of God the Father." As we begin to read again the story of Jesus and commence to act out in our individual life—in simple thoughts and words and deeds—what we find within the pages of the New Testament, then we truly begin to see God in Jesus and God in ourselves. It is then that the embryo of our Christ identity stirs within and we cry out in both humility and adoration "God be magnified in me!"

The symbology of the birth and life of Jesus is equally important, for unless we read "in spirit and

ruth" the Christ identity begins and ends with the man Jesus. Understanding that Jesus represents every man—you and me—understanding that His words are given us to be followed, that His way of life and living, thinking and doing and being are given us to be carried out in our daily existence, we begin to awaken to the tremendous and vital meaning of every smallest incident. We begin to compare His experiences with our own and find the parallels astonishing and filled with importance. This viewpoint of the Christ life brings to heart and mind the realization that we need to go and do as He did.

If you and I believe in the Christmas story either as the actual account of a human life or as a way of life to follow, we have also got to believe in the indwelling Spirit of God within everyone, we must believe in the possibility of the birth and growth of the Christ within everyone. When you and I wonder how any good thing can come out of our simple day-by-day experiences, how the Christ Spirit can possibly arise out of our feeble human efforts, we are no different from those who wondered in Jesus' time "Can any good thing come out of Nazareth?"

Yes, dear friend, the birth of the Christ within is simple but it is not easy. The human self does not always want to accept the Christ Spirit; the personal will does not always want to permit the growth of Spirit within; the rebellious mind does not always want to listen to the teachings of the Holy Spirit within, nor does it want to ask the way of the guiding light. "And they understood not the saying which he spake unto them."

But if we persist in doing kind and gentle acts,

more of the divine self will be born in us! If we continue to let go of the human will and accept God's greater will, God will be magnified in us! If we go on with our denials of negation, our affirmations of divine reality, we shall proceed into fuller Christ development! If we let go of our search for the "miraculous" in a quiet and humble attitude of awareness of daily gains and blessings, we shall see more and more good brought into evidence—we shall become alive to the truth of our divine sonship!

Let us open heart and soul and mind to the glory of the Christmas story, let us think, ponder all the sayings, remembering the Babe in the manger, the boy in the Temple, the young carpenter at work, the wise young teacher of the multitudes and give up the doubt that lies within the words, "Can any good thing come out of Nazareth?" For we know that Jesus did "come out of Nazareth," that He did rise from humble birth, through gradual growth, by means of quiet and steady development in daily living!

By turning within today and every day in silence and in meekness, in willingness to listen and to obey as the Master listened and obeyed, we, too, shall "wax strong" be "filled with wisdom," grow and develop and bring forth the Christ in us and the accompanying peace and joy, love and glory beyond our greatest hopes and dreams. "Unto us a child is born, unto us a son is given . . . and his name shall be called Wonderful, Counsellor, Mighty God, Everlasting Father, Prince of Peace." This is a promise of God, a promise not for one alone named

Jesus but for you and for me and for all men everywhere, a promise that the Christ, the Son of the living God is "given" unto us as the perfect gift, the eternal gift, received in humble birth, meant for glorious fulfillment!

"And this *is* the sign unto you: Ye shall find a babe wrapped in swaddling clothes, and lying in a manger. And suddenly there was with the angel a multitude of the heavenly host praising God, and saying,

Glory to God in the highest,
And on earth peace among men
in whom he is well pleased."

Christmas Time

Thora Hinshaw Seaton

Christ in the heart of the flower,
Christ in the depths of the sea,
Christ in the center of everything—
Vision for you and for me!

All the world is rejoicing,
Birds sing in every clime;
The heavens are whispering music
Because it is Christmas time.

Vignettes of Gratitude

ADELAIDE HENSLEY

MY FRIEND WAS a beautiful woman when she was happy, and the most casual observer could readily see that she was a woman of education and refinement. But a look of tragedy marred her features the day she called on me, and she was anything but beautiful.

"Why am I so unhappy?" she asked, as though searching her own heart for the answer. "My life has been one disappointment after another; one of sadness and defeat. My daughter married against my wishes, and that broke my heart; we built a new home, and I wanted some imported lamps that I had seen a few years earlier in Europe. But did I get them? No. The architect paid little attention to my request and brushed it aside by saying the lamps I wanted could not be had. Last year I was president of a club I liked very much and I wanted to make some important changes, but I got no co-operation from the members. The office brought me nothing but worry, and I grew to dislike the people who belonged."

As my friend talked, I noticed the number of times she said, "I want." Not once did she say, "I give" or "I co-operate" or "I love." But I kept silent while she continued.

"Last year I went to Europe to have a good time, but I was lonesome during the entire trip. People were not friendly, and I had no good or

interesting companions. I do not want to live in this climate where the winters are so severe, but again I am blocked. My husband says his business is here and he is not ready to retire."

As we sat opposite each other, I noticed the expensive furs, jewels, and costume she was wearing. I mentally pictured the beautiful things I had seen in her home. I knew that her wants were not material things, for she had them. I also remembered the efforts I had seen her family make to keep her satisfied, but without success. Then I was lead to ask: "Have you ever stopped to be truly grateful for all your blessings? You have all the prosperity you need; you have a kind and thoughtful husband, exceptionally fine children, and a lovely home. You had a trip to Europe just last year; you don't have to toil for a living—you are as the lilies of the field, and yet you are unhappy. You seem to be standing in your own light; and if you do not enjoy people, remember that your own negative attitude keeps people from liking you.

"I suggest that you try changing the tempo of your life by praising and thanking God for such abundance, for surely abundance you have. Try being grateful for every little thing you have and acknowledge to God that you recognize His gifts to you. Ask to be of service in His kingdom instead of finding fault with life and people. It is you who are shutting out the light from your own soul."

My friend sat in shocked silence, but I continued: "Try being pleasant to people; laugh and be merry and don't let anyone know that you have been unhappy. Thank your heavenly Father for heaping so

many blessings upon you that you are covered with glory. Thank Him for your splendid husband, for your lovely children, for your magnificent home, for your health, and for your friends. All these are gifts of the Creator; and even if you do not recognize them immediately, keep right on thanking Him for them, and your continued and sincere gratitude will bring results. Keep the 'I wants' out of your thoughts and see how abundantly you are cared for."

We parted on friendly terms after chatting about a few inconsequentials, and I did not see her for weeks. I had almost forgotten the conversation when, one day, a radiantly beautiful woman came to see me. It was the same physical body that had called on me weeks earlier, but the heart and soul were so alive and spontaneous that all traces of tragedy had left her face. Her smile was infectious, and I hardly recognized the spiritually starved woman of such a short time ago.

"Do you suppose," she smiled, "that God will forgive my ungrateful heart? After I began to thank Him for all my blessings I discovered so many that had not seemed to be present before. I am one of the most fortunate women in the world. I feel so ashamed of my former self. Why, there was nothing I needed but a grateful and loving heart. Now I realize for the first time that a full, rich life can only be achieved by holding to the thought 'I give, I love, I have' instead of 'I want.'

"Recently I began to read my Bible with greater understanding than ever before and I realize that I must begin to work for the happiness of others, and my husband comes first. My prayers are such a help

and so powerful that I do not confine them to certain hours, but thank my heavenly Father every little while during the day for so many blessings. I am trying now to be a channel for His work and help all whom I contact. Oh, how wonderful to have a grateful heart instead of a whining mind!"

"Yes," I agreed and I reminded her that Jesus said, " 'Unto every one that hath shall be given; but from him that hath not, even that which he hath shall be taken away from him.' "

After a strenuous game of sand-lot ball two boys came to rest beneath my window. Neither boy could have been more than eleven years old; yet their thinking had taken on definite patterns, and they were vastly different. The two boys were friends and neighbors and frequently sat near my window in the shade of a great oak tree. After the pattern of their elders they often discussed games, shows, people, things, and life in general, and I could not help overhearing their conversations. Already their values were far apart and seemed to be widening with each session. Bob, I noticed, was growing more and more pessimistic and at times even morose, while Joey became more radiant and happy as time passed.

Bob was the first to speak: "You don't have anything! Your mother even has to do her own laundry. You don't need to think you are so smart just because you beat me at catching today. Some of these times, when I get good and ready, I'll show you how to play ball. I haven't even tried yet."

For a moment Joey looked puzzled. His mother did do her own laundry, and they did not have the

elegant home or the expensive things that Bob's family had. But suddenly he burst into smiles: "Why, Bob, my mother has an electric washer, and it washes and dries the clothes; and if she doesn't want to do her laundry, she doesn't have to. I'll do it. I know how. It's easy. Just put the stuff in and touch a button. I know we don't have as much money as you do, but we have all we need. Gee, I have a bike and a bat and ball, and I have Pug—he's the sweetest dog you ever saw, and you know it. And—and I go to Sunday school and sing in the boy's choir. Next Sunday I sing a solo. Besides, I can swim under water. Aw, Bob, even if you didn't beat me today at catching don't be sore. You can't always win, and neither can I."

Bob was sulking. He did not know exactly how to answer Joey, so he repeated: "Some of these days, when I get good and ready, I'll show you how to play ball. You're nobody. My dad said your dad can't even make a living."

At this last statement Joey blazed: "What do you mean, my dad can't make a living! We have a good living. We have all we need and more and we pop corn and go swimming and play with Pug—and my Sunday-school teacher said last Sunday that 'by their fruits ye shall know them.' Well, didn't my dad get a medal for safe driving? And didn't he get another for saving a child's life when another driver hit her? And he got top honors for courtesy on the road. He's the best bus driver in the world. My dad's worth more than yours. Where are your dad's medals for good deeds? My dad always tells me you got to be grateful for what you have if

you want to be happy. And he's happy, and so am I; and that is why you are always hanging around our house and him and me and our fun."

Joey had the answer to life's greatest problem at eleven years of age. "Out of the abundance of the heart his mouth speaketh."

The woman was a well-adjusted person who neither bubbled over nor bemoaned the course of events or the circumstances surrounding her life. I often wondered just how she had attained such quiet brilliance, such sparkle without effervescence. Then, one day when we were discussing Truth in its various phases and uses she told me a story that answered all my questions.

"During my youth," she confided, "I was a very restless person. I would just about have everything nicely settled in my home when I either planned to move to some other spot or I would check on the expense of refurnishing the place where we lived. I wanted everything I saw and cared not a whit about what I had. Then, quite suddenly my husband passed on and my comfortable little world crumbled at my feet—the world I had not appreciated until it was taken from me. Nothing was the same. I could not even pick up the loose ends of my life and put them together in any sort of order.

"I had studied Truth for years and thought it a wonderful idea, but went right on following my zigzag pattern of restless behavior until the loss of my husband brought me straight up against life's problems. I had no one to help me solve them and I floundered for a while. I moved from our large house

into a nice but small apartment. There I felt abused and cramped. I disliked everything about it.

"Then, one day, when my spirits were at a low ebb, the Truth I had been studying for years began to become real and workable. I began to bless my little apartment and all it contained. I banished every critical thought that tried to enter my mind. I blessed my new friends and old critics alike; I blessed everything and everybody I met. Soon there was peace. My small domain took on new loveliness, and a few changes turned it from just four ordinary rooms to my castle—my sanctuary—where I found solace for my grief and steadiness of purpose.

"Never in my life have I had truer and more wonderful friends. God has given me so much to be grateful for that I ask for nothing now but wisdom and understanding. Instead of criticizing people, I see the good in them. The kinder I am to them, the kinder they are to me. My heart is so filled with love for all God's gifts that I am now truly blessed."

When she finished a great calm settled over both of us—that "peace of God, which passeth all understanding." The confusion of mortal thought had so completely vanished that all I could say as my friend left was, "May the Lord bless and keep you with that ever-grateful heart."

During the years that I knew him his success was so great that no one would be likely to suspect that there had been years of struggle—struggle that had brought him to the depths where "man's extremity is God's opportunity."

This man and I frequently attended the same

lectures, and although we never had discussed our spiritual beliefs, perhaps we both took for granted that we were heading in the same direction.

During the summer there are many visitors to the resort area in which we lived, and the discussion that took place one morning was in a railway station, where we were both waiting for incoming guests.

"Life is the most wonderful thing imaginable," he mused. "In fact, there are no words to describe it. I get lost in thought when I try to contemplate the beginning and an improbable end to life. I have lived through poverty, discouragement, frustration, and almost every kind of maladjustment. I was forty years old before I realized that I was slipping downgrade because I persisted in grabbing for consolation in the planes below me instead of above me."

There was a pause, and then he continued: "When I was so discouraged that my mind was almost a blank, I casually picked up a little book on a seat right here in this station. The thoughts in that book seemed charged with power—power to change my entire pattern of thinking. For the first time I realized that I had always accepted the negative side of everything and never seemed grateful for what I had. I must have been ready for just what I found in that little book, for immediately I had a change of heart."

Of course, I was interested in the details and I asked him to continue.

"I followed the instructions I read in the book and began to thank God for the very bench I sat upon. I thanked Him for the shabby clothes that

covered me; I thanked Him for the bowl of free soup I had that day; I thanked Him for the sun and for the soft shades of evening. I learned very quickly that our prayers are answered and that 'to them that love God all things work together for good.' As soon as I began to be grateful for what I had instead of dwelling on my hard luck, my life began to change. People were more friendly and, of course, people are God's channels. So through one person after another I was helped out of my despair."

The train bearing our guests was called, and we knew that we must be watching for them to come through the gate. The man just had time to say: "During all the years of prosperity that followed I have never allowed myself to slip back into negative thinking. I continue to thank God for everything, for without Him there would be nothing. I have tried to set an example of fairness, sincerity, honesty, and courage for my organization. Not by preaching but by example can I be a channel for God's plan and His work. As I work with God, everything is possible; work against Him, and nothing is possible."

The gates were opened, and the crowds bent on summer vacations began streaming through. As I went to meet my guest, I felt as though I were walking on air. The uplift from that man's testimonial was indeed an inspiration. The best I could wish him was, "God be with you till we meet again."

Thou hast put gladness in my heart.—PSALMS

Power and Peace

WORRAL G. SONASTINE

HAVE YOU EVER thought of Christmas as a symbol of power? We honor it as the birthday of the Prince of Peace, but was He not also the Prince of Power? Consider for a moment the great tide of power that came into the world when the Christ child was born. Was it not sufficient to alter the course of civilization? Is not the effect of this power being felt in every part of the world today? There have been kings and conquerors in the world, many of great power, but none has influenced the world so much as the child born in Bethlehem.

However, the Bethlehem birth, though important, was not so important as the birth of Christ in the heart of man. This is the birth that is symbolized by the story of Christmas. It is the birth that restores man to his true heritage, to his sonship with God. This is not an imaginary process; it is something very real, something all of us must experience sooner or later.

Why not let this experience take place in your life now as you approach the Christmas season? Let it begin by giving the Spirit of God full control in your life and affairs.

As you consider the matter of the Christ being born in you, do not think of it as a mysterious, difficult process. It is a simple experience, easy enough for a child to understand. The important thing to remember is that Christ is now and always has been

within you. He has been with you from the beginning of time—"Lo, I am with you always"—but you have not been aware or conscious of His presence. The birth of Christ in you, then, is simply the process of your becoming aware of His presence there. Up to now He has exerted little or no influence over you or your affairs, but as you become more and more aware of His presence, He will take over and make your life a blessing to the world. He will be a power for good in all you do.

If you are wondering what you can do to bring about the birth of Christ in your heart, rest assured that you have a part in the process. Just as the Virgin Mary had a part in bringing forth the child in Bethlehem, so you have a part in bringing forth Christ within you. When the angel told Mary that she had been chosen to bear the Christ child she was puzzled and doubtful at first. The angel reassured her, and she believed and began to ponder these things in her heart. "My soul," she said, "doth magnify the Lord."

This is what we must do if we would give Christ a place in our hearts. We, like Mary, must magnify the Lord. We must pray often, meditate much, ponder the omnipresence of God, see Him in all things, and acknowledge Him in all our ways. These are the things we must do to nurture the Christ child in our hearts. As the Christ increases, the personal man decreases, and eventually He takes over completely. "The government shall be upon his shoulder."

"How," you may ask, "does all this affect me in a practical way? How does it help me solve the many problems that come my way from day to day?"

As we begin to recognize God as the only presence and the only power in the universe, as we begin to see Him in all things, He moves in to harmonize our lives and affairs. He fulfills our every need in the wisest way. The act of recognizing Him sets His mighty power in motion to work for our highest good. This includes the best solution to our immediate problems. Recognition of His omnipresence and our oneness with Him closes the circuit that makes for success and happiness.

The power to accomplish great things lies dormant in every man. It needs only to be recognized and put to use. There are those who use this power to varying degrees, but for the most part, it is not even known to exist. You cannot consciously use something you do not know you possess.

Not far from my home is a man who collects newspapers, magazines, and other scrap material for a living. Two years ago, a friend gave this man an odd-looking contraption and told him it might come in handy sometime. It was a large cratelike affair with a hand screw at the top. The man did not know what it was, so he put it in a corner of his shed and left it there.

As time went by, this man collected a great amount of scrap paper, which he sold in burlap bags and which brought him very little money. Most of the paper companies refused to buy scrap paper at all unless it was done up in tight bales. One day another friend discovered the gadget that had been given to the scrapman two years before.

"Why don't you use this paper baler, Henry?" asked the man. "You can get ten times as much

money for your scrap paper if you bale it."

Henry admitted that he did not know what the contraption was for, but he brought it out and made good use of it. With a paper baler right in his own shed the man had labored with scrap paper for two years and received almost nothing for his trouble! He did not know the purpose or the value of the gift.

Here is a good illustration of the manner in which most of us treat the gift of God that is in us. We are either not aware of it at all or we do not know its purpose. In either case, we go along from day to day without knowing the glory of it, without partaking of its magnificent benefits. This gift does exist, but so long as we are not conscious of it, we cannot partake of the blessings it holds for us. Without the knowledge of his inner power man falls far short of his real capabilities. "Stir up the gift of God, which is in thee."

Notice how often the word *behold* is used in the Scriptures. Jesus used it frequently. He knew that what we behold we eventually beget. To behold evil is to hold evil in our consciousness; therefore, it is wise to behold God in all things. If we behold God constantly, we shall be filled with His Spirit. This is the process that brings about the birth of Christ in the manger of our hearts.

Prof. Harry Overstreet tells of an experience he had while traveling through Arizona. He and his wife visited a collector's shop in a small town along the way. The proprietor took them into a side room to show them his collection of unusual stones.

"The stones were spread on several tables," said

Professor Overstreet, "and frankly, they looked very dull and uninteresting to me. Presently, however, our host turned out the light in the room and turned on an infra-red lamp. As he did so, the stones seemed to come alive. They became a shimmering mass of beauty, including every color of the rainbow. Their beauty was beyond description."

The professor went on to say that there is a lamp of Truth in each of us, a lamp that will, if we keep it lighted with spiritual alertness, reveal an amazing amount of beauty and goodness in the world about us. We must not judge the world by what we see on the surface. We must turn on the light of Truth and "judge righteous judgment," looking for God everywhere and acknowledging Him in all things. He is here, and our recognition of His presence makes it possible for Him to come forth into visibility.

It is the law that man finds just what he looks for in the universe. If we look for evil, we shall find it aplenty. If we look for God, we shall find Him at every turn. This is why it is so important that we know the truth about God. He is the only presence and the only power in the universe. If we know this with all our hearts and with all our minds, we shall find ourselves becoming more and more sensitive to the beauty and goodness around us. When we know that God is all, we recognize Him everywhere. We do not let unGodlike appearances deceive us. We know that He is here in spite of all human judgment to the contrary. He has to be here, for He fills all space. He is the formed as well as the unformed. "Jehovah he is God; there is none else besides him."

As we continue to realize our oneness with God,

we release more and more of His power within us. Just knowing that He is here clears the way for Him to express Himself through us. It enables His power to come forth and accomplish good in our lives and in the lives of those about us. This awakening to our true nature, our God nature, is the greatest thing we can ever accomplish. It is the purpose of our being here. Jesus knew the importance of our awakening to our true identity. It was the process to which He referred when He told Nicodemus, "Ye must be born anew." This awakening, or new birth, will bring peace and joy beyond our fondest dreams. It will lift us out of the "thingdom" into the kingdom consciousness.

Up to now we have believed ourselves to be separate personal beings, apart from one another and apart from God. Believing this has made it so as far as we, ourselves, are concerned. "As he [man] thinketh within himself, so is he." Our thinking does not, of course, affect our true identity, that which we really are. We are now and always have been one with the perfect self of God. This is Truth, absolute and eternal. It can never be changed by anything we think, say, or do.

Our belief in separateness cuts us off from the source of life, wisdom, and power. It causes us to be like branches that are severed from the vine. We are, then, in this erroneous state of being, not really alive at all but just existing. And here is where the new birth, or the birth of Christ, takes place within us. Truth is brought to our attention; we ponder it and presently realize that it is true. Then we shift our belief from the lie to the Truth, and this brings

about a great change in our life. It lifts us out of materialism into the glory of Christhood.

And so remember, the story of Christmas is your story and mine. It symbolizes the release of divine power in the heart of man. As Christ is born in you, you are born in Truth. You are born into the realization of your true identity, your oneness with God. You come into your own as you "come unto me." The "heavy laden" aspect of your life drops away completely, and you find rest in the joy of the Lord. This is the way of Christ. It is the way of power, the power that moves constantly to bring "On earth peace, good will toward men."

Daily Prayer

Ruth Wentworth

Dear Lord, help me to live the Truth I know;
Forbid my fears and help me to be still,
Direct me in the way that I should go
To do my part Thy purpose to fulfill;
Silence the idle word—the cruel thrust,
Restrain the brittle wit—the glib retort,
Preserve my faith—sustain my eager trust,
And stay my mind on things of good report.
Keep spiritual perception clear and true,
Though serpentwise and harmless as a dove;
Let kindness govern all I say and do
And keep me ever radiant with Thy love.
Forgive my petty sins of yesterday;
Lord, keep me in the way of Truth today.

Peace Begins at Home

CLARA BERANGER

CHAPTER TWELVE

The Good Fight

A WOMAN WHO LIVES a truly spiritual life said to me recently: "It seems to me that life is one long test of our power to overcome wrong impulses and habits. No sooner do I seem to have conquered one weakness when another rears its ugly head and I have to get to work on it. Why do you suppose we have to labor constantly to keep as good as we know we should be?"

The answer did not come to me immediately. But as I meditated on her question, a passage from the Second Epistle to the Corinthians flashed into my mind—the Lord's answer to Paul's petition for relief from the thorn in his flesh. "My grace is sufficient for thee: for *my* power is made perfect in weakness."

What the Lord meant, I think, was that practice in overcoming weakness is necessary for the development of spiritual strength. We cannot grow from "the first man [who] is of the earth, earthy" into "the second man [who] is of heaven" without daily discipline in overcoming impulses of the earthy man and frailties of the natural body.

After forty days and nights in the wilderness, Jesus overcame the temptations of the Devil, who offered Him all the kingdoms and glory of the world

if He would fall down and worship him. But Jesus said, "Get thee hence, Satan: for it is written, Thou shalt worship the Lord thy God, and him only shalt thou serve." Paul tells us that we are in all ways the same as Jesus. Yet He was able to overcome the world. When Jesus told His apostles that He was leaving the world, He told them that He had overcome the world and He gave comforting assurance that what He did we, too, can do. "He that believeth on me, the works that I do shall he do also; and greater *works* than these shall he do; because I go unto the Father."

In the Bible we find many examples of strength growing out of weakness. When Paul said that he died daily he meant that some error in him died so that he could be quickened and reborn in the Lord. He gloried in tribulation because he knew that out of tribulation come experience and new power. And he exulted in the knowledge that he could do all things through the power of God's indwelling Spirit. Although he himself had been healed several times and had healed others, although he had been stoned and left for dead and was able to rise up and go on his way; nevertheless, he continued to suffer the thorn in his flesh rather than utilize the means of healing that undoubtedly were available to him. Why? He gave the answer himself in II Corinthians. After praying three times to the Lord for release from the thorn, he learned that through suffering and humility he could call upon and receive the strength of Christ.

To have a spirit of humility does not mean that we must be obsequious. The first and third Beati-

tudes are often misunderstood: "Blessed are the poor in spirit: for theirs is the kingdom of heaven" and "Blessed are the meek: for they shall inherit the earth." To be poor in spirit does not mean to be spiritless, as is frequently interpreted, but rather it means to have a spirit free of human bondage—free of the fears, greed, selfishness, hate, and destructive ideas and emotions that stand between man and God and hinder man's spiritual progress. To be meek does not mean to be servile. The definition of the word *meek* includes "free from self-will; patient and unresentful; not violent or strong; gentle." Thus, the meaning of these two Beatitudes would seem to be that in order to attain advantages on earth and reach the kingdom of heaven we must free ourselves from the faults of impatience, resentment, and violent emotions. We must give up our stubborn exercise of self-will, our reliance upon human authority, our pride in human accomplishments. We must be gentle, patient, willing to work with and conform to spiritual law. Only through knowing the kingdom of heaven can we inherit the earth.

Through relying on the power of God and on faith in our own essentially spiritual nature, through believing with all our heart that in God we live and move and have our being, we can follow the divine pattern for good that God has designed for each of us. Through prayer and meditation, seeking the kingdom of God, we can achieve steady improvement not only in character but in the outer conditions of life. We can at all times and in all places speak the word and thus change our lives. The

right word brings us into contact with God and keeps us open-minded to His voice and has power to effect an immediate change in us. "Be still, and know that I am God."

Jesus told His followers that the kingdom of God is within, that the Christ is not here nor there but right at hand, that if we seek God we shall find Him. Thus, the activity of the kingdom for each person depends on the quality of his spiritual awareness. Active demonstration of good is proportionate to the earnestness and constancy of his reliance on the presence of God. The kingdom of heaven for each of us is in our active awareness of God and His good. If we continue to allow negative thought habits to dominate our consciousness, if we move on a treadmill of fear, tension, criticalness, intolerance, regret for the past, selfishness, possessiveness, complaint, skepticism, or hate, we are living dark, disturbed, and unpeaceful lives. We are not only bringing down upon ourselves ills of mind and of body but also we are contributing to the ills and tensions of the world.

If we enter a dark room and wish for light, we flip a switch. If we wish to be rid of the dark conditions in life, all we have to do is use the switch of faith to turn on the light of God. But *we* must make the initial effort; *we* must flip the switch. Jesus says, "Ask, and it shall be given you; seek, and ye shall find; knock, and it shall be opened unto you." And He adds that everyone who asks and seeks shall receive and find; that the door is opened to him who knocks. Just as we must ask for what we desire in the material world, so we must ask God in prayer to

fulfill our needs of body, mind, and soul.

The 91st Psalm opens with the verse,

"He that dwelleth in the secret place of the Most High
Shall abide under the shadow of the Almighty."

To dwell in the secret place is to live in constant awareness of the presence of God within us. Our freedom of will gives us the power to decide whether we shall live ugly, cramped lives or bring into manifestation the beauty, abundance, and peace inherent in the life united with God. Even though we begin with prayer and the firm belief that God can help us, we must work continuously in collaboration with Him. We must keep the channel between our minds and Divine Mind open and clear so that we may hear and understand His guidance. This means that we must work constantly to eliminate the faults that block the channel and prevent perception of the presence of God.

We receive God's help in proportion to our willingness to seek it and to work with it and to keep our minds open for awareness of His presence. We must look upon God as a loving Father always ready and willing to give good gifts to His children. Jesus says, "If ye then, being evil, know how to give good gifts unto your children, how much more shall your Father who is in heaven give good things to them that ask him?"

The great prayer that Jesus gave to His apostles begins, "Our Father." Before the time of Jesus, the later Hebrew prophets also expressed the idea of the Fatherhood of God. Isaiah repeatedly invoked God as a father. He said: "Thou, O Jehovah, art our Fa-

ther; our Redeemer from everlasting is thy name." "But now, O Jehovah, thou art our Father; we are the clay, and thou our potter." Jeremiah wrote, "Ye shall call me My Father, and shall not turn away from following me." And Malachi said. "Have we not all one father? hath not one God created us?"

As children of God we have the power to become like God. If we look upon Him as the ideal of all good and consciously and constantly seek Him, we shall increase our native divinity and grow increasingly more Godlike. The concept of our own godliness is stated in the 82d Psalm:

"I said, Ye are gods,
And all of you sons of the Most High."

And Jesus answered the Jews who questioned Him concerning His divinity as follows: "Is it not written in your law, I said, Ye are gods?" He told them that if He did not do the works of His Father they need not believe in Him. Thus, if we but recognize ourselves as potential gods, we shall grow out of our human limitations into spiritual perfection. We shall rid ourselves of the bad habits that plague us and create inharmony in our own little worlds and in the bigger world around us.

Every temptation we overcome, every error we correct, every battle we fight and win for the right, either within ourselves or without in the world of men, strengthens our character and sends us forward on the path to godliness. The gate is straight and the way is narrow, but those who find and follow the way are the happy people of the world.

Most of us do not find it too difficult to obey the laws of the land or the injunctions embodied in

the Ten Commandments. The minor transgressions are the ones that cause us trouble. Little things that may seem unimportant and harmless because they do not harm anyone else nevertheless retard spiritual growth. But whether the transgressions are small or large, the man who would progress spiritually and find peace must learn to overcome them.

If we truly believe the teachings of the Bible, we must become "doers of the word, and not hearers only." We must discipline ourselves in the use of the Truth we know until it is woven into every cell and fiber of our being, until the right way becomes the natural and easy way. Although the words of the Bible point the way to right living and give careful directions, our task is to turn doctrine into deed by following the directions and taking the right path. We must be true to the Spirit of God within us, which means that we must eliminate everything unlike Him. We may slip from time to time and fall down, but every time we have the courage to pick ourselves up and try again we grow in understanding and strength. Every weakness we overcome, every rise we make after a fall is another hurdle taken on the road to spiritual perfection and peace. If, as Paul did, we regard weakness as opportunity to develop strength, the work of overcoming will be a glorious adventure. With the help of God we can make every error of the natural man a step up the ladder to the spiritual man. "Most gladly therefore will I rather glory in my weaknesses, that the power of Christ may rest upon me."

The world needs disciplined persons who have achieved total victory over themselves, who have

fought the good fight and won freedom and peace. "The harvest indeed is plenteous, but the laborers are few" is as true today as when Jesus said it to His apostles.

Isaiah said, "Thou wilt keep *him* in perfect peace, *whose* mind *is* stayed *on thee.*" The peace of God is a constant state of inner serenity. It is a living, vital force that we receive not from the world but from God. But we can give it to the world only if we achieve victory over ourselves, if we overcome our frailties and bad habits.

The task of unifying the different creeds, races, nationalities of the world so that they can live together in a spirit of brotherhood requires not only true vision on the part of political leaders but also the supreme effort of every person of every country to overcome his own errors and transgressions. Only by steadfast faith and practice in realizing the presence of God can the peoples of the world be freed from bondage to negative thought habits and find peace. For peace, like freedom, must come from within—it cannot be imposed from without.

With the help of the Spirit of God within us, we have power to overcome every one of our faults. We can discipline ourselves to the law and order of the kingdom of God so that nothing can ever tear down or destroy our spiritual defenses. We can be "delivered from the bondage of corruption into the liberty of the glory of the children of God."

If you are restless, discouraged, or fearful of the future, if you are standing on the treadmill of a dull, cramped existence, you can find peace if you but substitute God's will for your own selfish per-

sonal will. There never has been a man or woman who turned to God in faith who has not been rewarded by new strength, courage, and peace. No one who has claimed God's life and love and light in perfect faith has ever been denied. You can prove the existence of God by constant effort and experiment with spiritual law. You can become one with the millions who have proved that God *is*—those people of faith who have demonstrated health and prosperity and peace by daring to seek Him and to put their perfect trust in Him. You have only to try prayer conscientiously to learn that prayer is answered. You will find by experiment that living according to the commands of God brings practical results in the fulfillment of all God's promises for health, abundance, and serenity.

If you truly wish peace and security for yourself and the world, you must have faith that they are possible and you must work tirelessly to do your share in manifesting them. You must be unswerving in your loyalty to God by living up to your highest aspirations, by overcoming every fault and frailty while seeking perfection. "Ye therefore shall be perfect, as your heavenly Father is perfect." "When that which is perfect is come, that which is in part shall be done away."

As you carry on the fight to overcome imperfection, you will come into the highest freedom, the deepest peace you have ever known. You need not fight alone, for you have God's promise of His help. "He shall call upon me, and I will answer him;
I will be with him in trouble:
I will deliver him, and honor him."

Let us, therefore, fight the good fight. Let us be able to say, as Paul did, "I have fought the good fight, I have finished the course, I have kept the faith."

And let us constantly praise and give thanks to God.

"O give thanks unto Jehovah; for he is good;
For his lovingkindness *endureth* for ever."
"Jehovah is my strength and my shield;
My heart hath trusted in him, and I am helped."
"Thine, O Jehovah, is the greatness, and the power,
and the glory, and the victory."
"Let us follow after things which make for peace."
"Jehovah bless thee, and keep thee;
Jehovah make his face to shine upon thee and be gracious unto thee:
Jehovah lift up his countenance upon thee, and give thee peace."

THE END

ATTENTION REGULAR SUBSCRIBERS

The heavy holiday mail often causes delay in magazine delivery during the Christmas season, so the January issue of your Unity periodical may be slow in reaching you. Practically no mail is lost in this seasonal rush, but delays do occur, so we shall appreciate your waiting patiently for the January issue of your magazine to arrive.

Thank you for your patience and co-operation!

I Meet My God in Silent Prayer

from the writings of

CHARLES FILLMORE

Illumination: Christ, the living Word, is born anew in me, and my soul is athrill with new inspiration.

Prosperity: I praise and give thanks to the Christ mind for the fullness of substance now making prosperity manifest everywhere.

Healing: I praise and give thanks to the Christ mind for the rich substance of Spirit now filling my body with perfection and health.

INSTRUCTION—"Whosoever . . . shall not doubt in his heart, but shall believe that what he saith cometh to pass; he shall have it." Here in a nutshell Jesus has stated the law and its fulfillment.

Test your faith in God and His laws. Begin to discipline your mind and raise your thoughts from the slow inertia of the natural man to the speed and spring of the spiritual man. This is accomplished by daily prayer and meditation.

It is not the vain repetition of words that wins, but the daily quiet realization that there is a listening mind and a host of great ideas that illumine, prosper, and heal.

At Christmas time we praise God and give thanks for the realization that Christ is born anew within us. As a consequence, our hearts are filled with good cheer and joy.

The new birth is preceded by a greater illumination and understanding. When the creative law is fulfilled, man becomes more enlightened, for an increase in divine knowing is part of that perfection which is fundamental in the divine plan. The new birth is the awakening of man to a consciousness of his unity with the one universal Spirit. This unity is brought about by the Word. The living Word, the Christ, is the working power of God. When set into activity, it illumines, uplifts, and blesses.

Today our need is for a greater realization of Christianity—the science of eternal life. We need to know how Christianity deals with the deep metaphysical truths taught by Jesus.

Divine Mind is serene, orderly, placid. Let us open our hearts to Divine Mind and mentally repeat after Jesus the one solvent of crystallized darkened states of consciousness, "Even as thou, Father, art in me, and I in thee." Let us follow this discipline day after day until the inertia of the mind is overcome and the descent of Spirit floods the consciousness with light.

Quietly enter into the presence of the Holy One, and affirm in the name and through the power of Jesus Christ:

Christ, the living Word, is born anew in me, and my soul is athrill with new inspiration.

Is the arm of the Lord shortened that it cannot sweep its gift-bearing hand over all the world and make prosperity universal? The arm of the Lord is not shortened.

As in all other respects we affirm for the universal appearance of the good, so also must universal prosperity be the goal of our self-treatment.

If we see in finances both riches and poverty, we see good and evil, and the poverty side of our concept is as likely to manifest as the prosperous.

But love will not permit us to see ourselves and others clothed in threadbare habiliments of want. We really blaspheme the omnipresent God-substance if we say that it is not doing its duty everywhere. Let us, first, be convinced that praise and the giving of thanks produce increase. Then, let us apply the test of practice and prove the teaching sound. Faith and practice are an invincible combination. Let us put them to an unlimited test.

To develop a rich consciousness, we declare and realize that our I AM is instructing our thought people how to function and thrive in the rich substance of Spirit. As the shepherd protects his sheep and leads them into fertile meadowlands, so we are to protect our thought people and lead them into green pastures and beside still waters.

With a heart thankful for every good, declare with us:

I praise and give thanks to the Christ mind for the fullness of substance now making prosperity manifest everywhere.

At the Yuletide the very atmosphere is athrill with the spirit of expectation and thankfulness. There is that in the heart which causes one to hope for and expect only the best. This very expectation causes the good to become active.

Cheerfulness is a steady, quiet, beautiful, healing expression of God. The true Christian spirit is conducive to good health; a vital aid in healing.

There is a tremendous need in the world for the light (understanding) of the Christ. We who have even a little of the light should give it outlet by declaring its dynamic presence in mind and body. The power that floods the consciousness of those who pray and praise, and faithfully keep their appointments with Christ, is dynamic.

A dynamo generates the electricity that lights the world and turns the wheels of industry. There is a Holy Spirit dynamo that inspires the whole man and sets him free from the belief in sin, sickness, and death, and elevates his consciousness to the spiritual plane.

Man should develop his higher forces; therefore seek to unfold the Christ consciousness. It will lift you out of the belief in the reality of sense and make you master of all things. The Almighty is waiting for you to step forth and say, "I am Christ manifest, and I express perfect health in soul and body." Casting out all false beliefs, affirm:

I praise and give thanks to the Christ mind for the rich substance of Spirit now filling my body with perfection and health.

Born Anew in Christ

VAN SCOTEN

Wherefore if any man be in Christ, he is *a new creature: the old things are passed away; behold, they are become new.*

GOD GAVE US His "only begotten Son," who was the perfect manifestation of the Christ idea of man. God gave us Himself. Christ is the God idea of God Himself, His Spirit implanted within the heart of each of us. God gives Himself to us through Christ.

Inherent within the Christ idea are all the divine ideas, such as life, love, intelligence, and power of the Godhead, waiting to be born into expression through us. "For in him dwelleth all the fulness of the Godhead bodily. And ye are complete in him."

In the *Metaphysical Bible Dictionary* we read: "The birth of Christ in man is the bringing to consciousness of the spiritual idea of man—the Christ of God—through the quickening power of the word of Truth. It is the beginning in the inner realms of consciousness of a higher set of faculties that, when grown to full stature, save the whole man from ignorance and sin."

Let us make ready for the Christ to be born anew in us. "Prepare your hearts unto the LORD, and serve him only." There can be no place for Christ to be born in our hearts when they are filled with negative thoughts of hate, fear, sin, and inharmony. We must deny out of our lives all error thoughts and affirm

into our lives the Christ qualities of love, power, intelligence, and substance that we want to see manifested. We must be restored to our original purity in Christ. Let us purify our hearts so that Christ may be born in us.

We are told in Galatians 3:27 to "put on Christ." This means to become one with Christ and thus take on the divine qualities of Christ. When we speak the word of Truth in the name of Jesus Christ we speak it in the name of all that He stands for and we impress His Christlike qualities of life, love, wisdom, and power into every cell and atom of our bodies.

As the Christ idea is born in our hearts, we shall feel a spiritual quickening or awakening that will lift us up into the fullness of the Christ consciousness. Let us seek to build into our minds and bodies all the Christ ideas. The Christ of God is love, and His love is our love; His power is our power; His life is our life; His intelligence is our intelligence—all that Christ is we are. To be spiritually quickened means to become alive with Christ, to become aware of our true spiritual identity or what we are in Christ.

Jesus is the perfect expression of the Christ idea. Jesus is our "Way-Shower." He lived the perfect Christ life and showed us that we can do the same as He did by letting the Christ of God express through us. Jesus was able to do all that He did because He made direct contact with God through the Christ within Him. He acknowledged the indwelling Christ and was always obedient to the divine law of His being. As Jesus acknowledged the

Christ within Himself, so must we acknowledge the Christ within ourselves if we would do the works that Jesus did and bring forth the kingdom of God.

The Christ within us is ever ready to guide us into Truth. As Christ lights our way, guiding us into "paths of righteousness," we shall rejoice "with exceeding great joy" as we behold all the good that He has prepared for us.

Jesus said, "I am the light of the world: he that followeth me shall not walk in the darkness, but shall have the light of life." As we follow the Christ light and are guided by it, our lives will be harmonized and prospered. When we follow the light of the Christ we cannot go astray, for it lights our way into paths of peace. Let us vision this bright light of Christ shining within our hearts. It is a light that shines forever, throughout eternity. Christ is the light of Truth that reveals to us all good, that reveals to us our perfect self—the perfect self born of Christ.

When Christ is born in us we shall no longer walk in the darkness of negation, "but shall have the light of life." Our minds will be filled with the Christ light of intelligence, and our bodies will be flooded with the Christ light of life. Christ is God's perfect idea of life, and Jesus manifested this perfect life and showed us how we can have perfect life.

"Except one be born anew, he cannot see the kingdom of God." To be born anew means that we have a new mind. We do not continue to think negative thoughts of hate, fear, sickness, sin, and death. All these negative thoughts are replaced with

positive thoughts of love, faith, and purity. We have that mind in us which was in Christ Jesus. When we are born in Christ we are "born of the Spirit" and not of the flesh. Unless we are born into a new consciousness we cannot see the kingdom of God. Since the kingdom of God is within us, we have only to seek at the Christ center within ourselves to find the good we desire. There must be built into our conscious and subconscious minds all the Christ ideas of love, power, and intelligence that we wish to manifest in our lives. We cannot think thoughts of sickness and expect to be born anew in the Christ life. We cannot think thoughts of hate and expect to be born anew in the Christ love. We cannot think thoughts of poverty and expect to be born anew in the Christ substance and abundance.

Our thoughts must be turned toward Christ, centered in Christ. New thoughts and ideas must be built into our minds and become part of us. As we think more and more on the Christ ideas and then let them be expressed in our lives, we build up a Christ consciousness. We must watch our every thought. We must see with the single eye of Spirit and think only Christlike thoughts. "No man can serve two masters" by thinking good thoughts one minute and the next minute thinking evil thoughts. We must be faithful in cultivating only Christ ideas, tenderly loving them and carefully nourishing them until they blossom forth strong and full-grown.

Take Truth thoughts and ideas and meditate on them until they become a living reality. Seek to know and become one with the ideas of the indwelling Christ. Meditate on Truth, abide in Truth, live

Truth. As we meditate on Truth, we become one with Truth. As we meditate on Christ and His perfect ideas, we become one with Him.

We must have faith in the Christ of God within us. What does it mean to have faith in Christ? Faith in Christ means beholding Christ and Christ only in our lives and affairs. If an inharmonious condition appears in our bodies or affairs, we steadfastly claim only the Christ (the perfect idea) as true. We have faith when we are firmly established in Christ and Christ only. It means that we "live, and move, and have our being" in Christ. Let us affirm often, *My faith is perfect in Christ.*

The Christ idea was born and conceived in love. "God so loved the world, that he gave his only begotten Son." God is love, perfect love made manifest through the Son. The Christ idea cannot be born in us unless our hearts are filled with love. We must give ourselves, our hearts, to Christ and abide in Him. Jesus said, "Thou shalt love the Lord thy God [the indwelling Christ] with all thy heart, and with all thy soul, and with all thy mind, and with all thy strength."

"Beloved, let us love one another: for love is of God; and everyone that loveth is begotten of God, and knoweth God." Behold the Christ in all persons. The same Christ Spirit that is within you is within your brother. Although you may not always agree with what he says or does, you can behold the Christ in him and not hold any critical feelings toward him. He may not be manifesting his Christ powers, but nevertheless, Christ is within him, waiting to come forth, waiting to be born anew in him. As we

behold the Christ in others who are not yet expressing their highest birthright, we help to bring forth the Christ in them. Affirm for them, *Christ is born anew in you today, and you express your perfect Christ self.*

We look upon Jesus as our Saviour. "The Father hath sent the son *to be* the Saviour of the world." Jesus showed us how we can be saved (forgiven) from our sins and mistakes and be restored to our true estate in Christ. Christ is the law of God in us. Jesus taught us how to know the law, which is written in our hearts; how to follow and obey the law and live the perfect Christ life.

To be born anew in Christ is to have recourse to His forgiving love. We can go to Christ within us at any time and ask Him to forgive us and cleanse us of all our mistakes. The Christ of God stands ever ready to forgive. We do not have to beg or beseech Him to forgive us. We have only to ask in faith and then receive His immediate blessing of love and forgiveness.

Before Christ can be born anew in us we must want Him, we must desire Him with our whole heart. "Blessed are they that hunger and thirst after [Christ] righteousness: for they shall be filled." The Christ of God is ever seeking to express more and more of His good through us. Our desire for Christ is really the desire of God within us constantly urging us to seek a greater understanding of Truth through Christ. God never forces Himself on us. We must come to Him of our own free will, acknowledging Him with a sincere desire to be all that Christ is in perfect expression.

Christ is born anew in me today and every day, and I walk in newness of life. This is a powerful statement to affirm the first thing upon awakening in the morning. How wonderful it is to feel that we can be born anew each day in Christ; that we can start a new day free from the mistakes of yesterday; that we can have a new mind in us, the Christ Mind; that we can draw upon and use all the Christ powers within us to express the perfect Christ life. This is what it means to "walk in newness of life" with Christ.

When we come into a full and perfect realization of "what we are" in Christ we shall claim our divine birthright. We shall see ourselves as spiritual beings, for such we are in the Christ within us. "Reveal yourself to yourself by affirming, 'I am the Christ, son of the living God.'" We are perfect beings in Christ, for within us are all the divine powers and attributes of the Christ of God. We cannot ask God to give us any more, for He has already given us all of Himself—all that He is and all that He has.

If there is any part of your body that is not functioning perfectly, let the Christ Spirit, which is perfect health, be born anew in that part of your body. Affirm: *Christ is born in me. Christ lives in me. I am alive with Christ. My body is functioning perfectly in Christ. Every cell of my body vibrates and radiates with Christ life. My body is a temple of the living God—pure, perfect, holy, harmonious. I let Christ take full possession of my mind and body. The indwelling Christ of God is my all in all.*

As we are reborn in Christ, our hearts are opened,

and there is born within us the desire to give forth to all the world not only material gifts but the spiritual gifts of life, love, health, faith, peace, intelligence. To the person who needs healing we can send thoughts of life and health; to the one who needs harmony in his life we can send thoughts of peace; and to the one who needs success in business we can send thoughts of prosperity, knowing for each that his mind is illumined with the divine wisdom and intelligence of Christ and he always knows just what to do.

And now let us ask ourselves, "What have I to give to Christ?" We can give ourselves to Christ. We can dedicate and consecrate our lives (every thought, word, and act) to Him. Through loving service to humanity we can give back to Him all the gifts He gives to us. As He has so freely given to us of the Christ gifts, so we freely share them with others.

Christ is born anew in you today. Lift up your heart in praise and thanksgiving to the Christ within you. Praise gives birth to Christ ideas and brings Christ into expression in your life. Start praising Christ for all His blessings of good to you and see how joyful and free it makes you feel. You cannot open your heart to Christ without feeling lifted up, healed, prospered, harmonized. Praise Christ, because you belong to Him; you are part of Him, and He is part of you.

Christ, our indwelling Lord, lives in us. Thank God that His Christ Spirit is always within us when we need Him and that we do not have to seek in some distant place to reach Him. At this very mo-

ment we can touch the Christ presence. "In the secret place of the Most High" within us we can go apart from the outside world and commune with Christ. If we would know our indwelling Lord, we must become acquainted with Him, become so at one with Christ, so filled with the Christ of God that our minds and hearts merge in complete and perfect union with Him. Come let us go within and "worship the LORD [our indwelling Christ] in the beauty of holiness." Let us glorify His holy name and rejoice that Christ is born anew in us today.

Let us affirm often, *Christ is born anew in me today and every day, and I walk in newness of life.*

My Life

Pauline Tyson Stephens

This I have known
Since the days of my youth—
That God is my life,
My hope and my truth.

Strengthened by Him,
I walk through the years
Untroubled by doubts,
Unhampered by fears.

I look to the light
That will never grow dim—
The light that I see
In communion with Him.

Sunday LESSONS

These lessons point out the symbology of the Bible and interpret it according to the Unity teaching. Study with an open mind and Truth will convince you. Bible text is taken from the American Standard Version of the Bible, copyright, 1929, by the International Council of Religious Education; lessons are developed from outlines prepared and copyrighted by the Council; both are used by permission.

Lesson 10, December 7, 1952

UNITY SUBJECT—*The Nature of the Kingdom.*

INTERNATIONAL SUBJECT—*Learning from the Great Teacher.*—Matt. 13:24-35, 53-54.

24. Another parable set he before them, saying, The kingdom of heaven is likened unto a man that sowed good seed in his field:

25. But while men slept, his enemy came and sowed tares also among the wheat, and went away.

26. But when the blade sprang up and brought forth fruit, then appeared the tares also.

27. And the servants of the householder came and said unto him, Sir, didst thou not sow good seed in thy field? whence then hath it tares?

28. And he said unto them, An enemy hath done this. And the servants say unto him, Wilt thou then that we go and gather them up?

29. But he saith, Nay; lest haply while ye gather up the tares, ye root up the wheat with them.

30. Let both grow together until the harvest: and in the time of the harvest I will say to the reapers, Gather up first the tares, and bind them in bundles to burn them; but gather the wheat into my barn.

31. Another parable set he before them, saying, The kingdom of heaven is like unto a grain of mustard seed, which a man took, and sowed in his field:

32. Which indeed is less than all seeds; but when it is grown, it is greater than the herbs, and becometh a tree, so that the birds of the heaven come and lodge in the branches thereof.

33. Another parable spake he unto them; The kingdom of heaven is like unto leaven, which a woman took, and hid in three measures of meal, till it was all leavened.

34. All these things spake Jesus in parables unto the multitudes; and without a parable spake he nothing unto them:

35. That it might be fulfilled which was spoken through the prophet, saying,

I will open my mouth in parables;
I will utter things hidden from the foundation of the world.

53. And it came to pass, when Jesus had finished these parables, he departed thence.

54. And coming into his own country he taught them in their synagogue, insomuch that they were astonished, and said, Whence hath this man this wisdom, and these mighty works?

GOLDEN TEXT—*Whence hath this man this wisdom, and these mighty works?*—Matt. 13:54.

SILENT PRAYER—*I recognize the divine law and work with it to control and direct its action in my life.*

The kingdom of heaven, as spoken of by Jesus, is an inclusive term, covering the condition of mind of the individual as well as the concerted efforts of those who believe in and seek Truth in order to bring it into expression in a social sense and on a comprehensive scale. The conception of heaven as a mental state was difficult for men to understand in the time of Jesus, as it still is for those who think of heaven as a place or as having geographical

boundaries. To make it understandable to the multitudes who followed Him, Jesus described the kingdom of heaven in various parables. Among these parables was that of the tares, which is found in The Gospel According to Matthew and which, at the request of the apostles, Jesus later interpreted to them.

The kingdom of heaven is "likened unto a man," the "Son of man," or the Christ. Each of us is an individual kingdom, or a series of kingdoms. "My mind to me a kingdom is," and our mental kingdom is the one in which the Christ Spirit sows the seeds of good thoughts and good deeds. In the aggregate, in which sense Jesus spoke the parable, "the field is the world; and the good seed, these are the sons of the kingdom; and the tares are the sons of the evil *one;* and the enemy that sowed them is the devil: and the harvest is the end of the world; and the reapers are angels." It is noteworthy that the "enemy" sowed the tares "while men slept"; that is, when they were off guard. In another instance, Jesus said that "if the master of the house had known in what watch the thief was coming, he would have watched, and would not have suffered his house to be broken through." Such breaking through takes place when we are not on guard and therefore, unconscious of the protecting power and swift activity of Spirit. When we are on guard we are enveloped in the protective power of the Christ Mind, so that no enemy can enter our field to sow "bastard wheat," or tares. In Biblical times the tares were so similar in appearance to wheat that until the grain ripened they could not be distinguished from wheat.

Therefore, both had to be left to grow together.

In like manner, some thoughts that seem to be good and true are really "bastard wheat." They lack the ultimate nature of Truth, which remains unchanged regardless of whether all others stand with us or against us. Jesus foretold that His apostles would be scattered and would leave Him alone, but He added, "And *yet* I am not alone, because the Father is with me." He never lost His consciousness of the universal life or of the creative Spirit that guided Him to do the divine will at all times. This consciousness gave Him the unity of mind that made it possible for Him to pray, "Thou, Father, *art* in me, and I in thee." Such an affirmation makes separateness impossible, and no enemy can sow tares in such a mind. In the mind that is sometimes conscious of spiritual things and at other times conscious of material interests half truths and sophistries may lodge and grow to fruition along with full Truth. Separation of the two is possible only "in the time of the harvest," or when the thinker comes to the end of half truths and worldly acceptances and dedicates himself to Truth alone.

The parable of the mustard seed shows the principle of increase at work in both the spiritual and the material world. The word has boundless possibilities along this line, but as in the parable of the sower, its seed must be sowed "in his field," that is, held firmly and constantly in mind. A seed must have soil and conditions favorable to germination before the process of increase can get under way. So the mind must be receptive to the word and must encourage growth according to the law of the word.

The word of Truth grows by being held in mind and meditated upon until its inner meaning and its related ideas become clear to us.

The parable of the leaven teaches us the same lesson: the capacity for increase that is in the power of right thought. A little leaven lightens the whole lump, and a little faith, provided it is active, elevates the entire life of man to a higher plane of thought and activity by leavening the bread of life. Spiritual life is bread for the soul of man.

Questions

1. What did Jesus mean by the term "the kingdom of heaven"?
2. How did He interpret the parable of the tares?
3. Can we be continually on guard against the entrance of wrong thoughts into the mind? If so, how?
4. What was it that gave Jesus complete unity with God?
5. Is the creative nature of Spirit revealed in the last two parables of this lesson?
6. Does the habit of observing law at work in the phenomena of nature make us wise in the understanding of ultimate Truth?

Lesson 11, December 14, 1952

Unity Subject—*Overcoming Fear.*

International Subject—*Jesus Dispels Fear.* —Matt. 14:22-33.

22. And straightway he constrained the disciples to enter into the boat, and to go before him unto the other side, till he should send the multitudes away.
23. And after he had sent the multitudes away, he

went up into the mountain apart to pray: and when even was come, he was there alone.

24. But the boat was now in the midst of the sea, distressed by the waves; for the wind was contrary.

25. And in the fourth watch of the night he came unto them, walking upon the sea.

26. And when the disciples saw him walking on the sea, they were troubled, saying, It is a ghost; and they cried out for fear.

27. But straightway Jesus spake unto them, saying, Be of good cheer; it is I; be not afraid.

28. And Peter answered him and said, Lord, if it be thou, bid me come unto thee upon the waters.

29. And he said, Come. And Peter went down from the boat, and walked upon the waters to come to Jesus.

30. But when he saw the wind, he was afraid; and beginning to sink, he cried out, saying, Lord, save me.

31. And immediately Jesus stretched forth his hand, and took hold of him, and saith unto him, O thou of little faith, wherefore didst thou doubt?

32. And when they were gone up into the boat, the wind ceased.

33. And they that were in the boat worshipped him, saying, Of a truth thou art the Son of God.

GOLDEN TEXT—*Be of good cheer; it is I; be not afraid.*—MATT. 14:27.

SILENT PRAYER—*In the consciousness of the Christ Mind I know no fear.*

The illusion of levitation is a recognized phenomenon of dreams, for dreams are seeming reality unhampered by the necessities of the law of specific gravity. In a dream a person may rise and fly through the air without external aids; he may walk on water and not sink. That the same phenomena were possible to Jesus in His waking state after communion alone with God on a mountaintop is quite within the

bounds of possibility. Jesus understood spiritual as well as physical laws, and although He refused earlier to jump from the parapet of the Temple in order to prove the protecting care of the Father—an act that would have proved nothing but the rashness of the doubter who dared resort to trial and error in order to test the truth—He, nevertheless, trusted the supremacy of spiritual law and used it when the occasion justified or required.

The experienced swimmer can keep afloat by treading water. Since the human body is ninety-seven per cent fluid, it requires little effort on his part. He can float on the surface by merely keeping his body in the correct position and by breathing correctly. Jesus walked on the water in the state of exaltation He had reached in communion alone with God on the mountain. His body was doubtless in somewhat the same state it reached in the Transfiguration and was, therefore, lighter than the water.

We who have not mastered spiritual law sufficiently to entrust ourselves to such a test may find help and encouragement in considering the metaphysical aspects of this miracle. To walk the waves of troubled thought without sinking requires the established faith in the presence and power of Spirit that Jesus had. Peter represents faith in its various stages of development.

In his first attempt to walk upon the waters Peter sank, because the wind was high, and the waves were turbulent, and he was used to walking on plane surfaces. "When he saw the wind, he was afraid." But he that is born of Spirit masters the wind. At Jesus' grasp Peter's faith returned, and

he, too, walked safely to the boat. When our faith in the power of Spirit to sustain us under all conditions is but partially developed we are likely to sink into the thought waves (thought vibrations emanating from the mind and surrounding the body). But as we learn to center our attention on the Christ rather than on appearances, we rise above seeming error into the dominion that is rightfully ours as children of God.

Doubt is a root of weakness, mental and physical. Doubt is Satan, the adversary, in everyone who gives it place. "O thou of little faith, wherefore didst thou doubt?" If we had complete faith in ourselves, in the power of Spirit within us, we would become spiritual giants rather than allowing ourselves to remain pygmies. Faith in oneself is a power builder, and when this faith links itself with the mighty One of the universe and feels His sustaining presence, all apparently adverse conditions become stepping-stones to great achievements.

The difference between successful men and women and unsuccessful ones is not one of brain structure or of mental ability or of physical strength; the difference is one of confidence in the true, or higher, self.

Many ambitious people seem capable of success and start out bravely only to disappear in the boisterous winds and waves of adversity (currents of thought that move contrary to the desired course). If, knowing the mighty power that is always at hand, they should cry out, "Lord, save me," they could rise above the adverse conditions about them.

To attempt to walk the waves of life in our own

personal strength, without consciousness of the sustaining power of Spirit, is to fail. Ability is of the Christ character, without doubt and without fear. We should never question the power of the spiritual I AM, whether or not storms arise. Then, rather than seeing a "ghost," we shall see the reality of the Christ power, which is always within us awaiting our conscious recognition.

If we link our fortune with Christ, we cannot fail. No matter what disaster may befall us, by joining hands with the living Christ and invoking His aid, we shall make seemingly threatening defeats steppingstones to higher victories.

QUESTIONS

1. Did Jesus actually walk on the water? If so, what made this possible?
2. Why is a full development of the faith faculty necessary?
3. What would take place if a person had a living faith in the Christ principle within himself?
4. What is the difference between successful persons and unsuccessful ones?
5. What is the secret of true success?

Lesson 12, December 21, 1952

UNITY SUBJECT—*Immanence.*

INTERNATIONAL SUBJECT—*Immanuel—God with Us.*—Matt. 1:18-25.

18. Now the birth of Jesus Christ was on this wise: When his mother Mary had been betrothed to Joseph, before they came together she was found with child of the Holy Spirit.

19. And Joseph her husband, being a righteous man,

and not willing to make her a public example, was minded to put her away privily.

20. But when he thought on these things, behold, an angel of the Lord appeared unto him in a dream, saying, Joseph, thou son of David, fear not to take unto thee Mary thy wife: for that which is conceived in her is of the Holy Spirit.

21. And she shall bring forth a son; and thou shalt call his name JESUS; for it is he that shall save his people from their sins.

22. Now all this is come to pass, that it might be fulfilled which was spoken by the Lord through the prophet, saying,

23. Behold, the virgin shall be with child, and shall bring forth a son,
And they shall call his name Immanuel;
which is, being interpreted, God with us.

24. And Joseph arose from his sleep, and did as the angel of the Lord commanded him, and took unto him his wife;

25. And knew her not till she had brought forth a son: and he called his name JESUS.

GOLDEN TEXT—*Thou shalt call his name* JESUS; *for it is he that shall save his people from their sins.* —Matt. 1:21.

SILENT PRAYER—*Divine love within me is the living God, living as I express love in my daily thoughts and acts.*

The indwelling God was in Jesus, and in His last prayer with the apostles, following the Last Supper, He expressed this immanence in the words, "Thou, Father, *art* in me, and I in thee." He expressed the same truth for the apostles, "that they also may be in us." Since we are spiritual beings, it follows that all-enveloping Spirit is in us and that

we may express Him at will. That Spirit is of higher origin than the flesh, with no derivation from sensation, emotion, or other physical springs of being, is no higher claim than that made for Melchizedek, king of Salem and "priest of God Most High," who was believed to have been "without father, without mother," or as Lamsa's version reads, "Neither his father nor his mother is recorded in the genealogies; and neither the beginning of his days nor the end of his life; but, like the Son of God, his priesthood abides for ever." Our higher nature is not derived from the lower but from a different source altogether.

Everyone who has serene confidence in the spiritual reality of life is a son of God, and his birth into the kingdom of higher realities is the awakening of purity of thought and of a new capacity to experience life in its fullness without taint of error or unworthy bent of mind. Spiritual birth is always a virgin birth, and everyone who comes into the kingdom comes as the Christ child, in innocence and wholeness, with potential power to grow into the measure of the stature of the fullness of Christ.

Mary, the mother of Jesus, represents the soul, or love; Joseph, the husband, intuitive wisdom. "Joseph . . . being a righteous man," sought divine guidance concerning Mary, his betrothed, before deciding "to put her away privily." "When he thought on these things" a dream brought him enlightenment on the course he should take. Intuitive wisdom often comes thus to the one whose mind is stilled and receptive after earnest prayer.

Wisdom is the outcome of love deeply and quiet-

ly held. "Joseph, thou son of David." The genealogy of Jesus, the "son of David," is the genealogy of Joseph, not of Mary. Without wisdom love is barren. Together the two form the mind of the Christ. The Christ is the man that God created, the perfect-idea man, and is the real self of all men. Jesus is this Christ self brought into perfect expression and manifestation. Wisdom recognizes the Christ as the Saviour of mankind ("and he called his name JESUS").

The Christ saves us from sins and shortcomings. One writer has said: "Time was when the whole endeavor of life was to save one's soul. You cannot save your soul. If you are ever saved, your soul will save you. . . . It is not a question of finding heaven, but of being heavenly: the rounding of character, the flowering of every faculty in our nature." The same writer says further, "I am sure that no other discovery that has been made has found its true reason and motive for being, unless the soul has discovered itself; that is the mission of every human being—to live the life which shall every day be a voyage into the infinite, and every night a return from a pilgrimage rich with discoveries." Such is the joy of the Spirit-filled life, the joy that Jesus prayed might be in His apostles as it was in Him. This deep, abiding joy, springing up in us as we express the Christ Mind and life, saves us from the dullness and disillusion of material-mindedness and gives us something to live for.

QUESTIONS

1. From what do we derive our higher nature?
2. Who is a son of God? What is the virgin birth?

3. Mary represents the soul, or love; Joseph, wisdom. What is involved in this metaphysical interpretation?
4. Why did Joseph, not Mary, name the infant Jesus, and why was the name Jesus and not Immanuel chosen?
5. How does the Christ save from sins?

Lesson 13, December 28, 1952

UNITY SUBJECT—*Inception of the Divine Idea.*

INTERNATIONAL SUBJECT—*Wise Men Seek Jesus.* —Matt. 2:1-12.

1. Now when Jesus was born in Bethlehem of Judæa in the days of Herod the king, behold, Wisemen from the east came to Jerusalem, saying,

2. Where is he that is born King of the Jews? for we saw his star in the east, and are come to worship him.

3. And when Herod the king heard it, he was troubled, and all Jerusalem with him.

4. And gathering together all the chief priests and scribes of the people, he inquired of them where the Christ should be born.

5. And they said unto him, In Bethlehem of Judæa: for thus it is written through the prophet,

6. And thou Bethlehem, land of Judah,
Art in no wise least among the princes of Judah:
For out of thee shall come forth a governor,
Who shall be shepherd of my people Israel.

7. Then Herod privily called the Wisemen, and learned of them exactly what time the star appeared.

8. And he sent them to Bethlehem, and said, Go and search out exactly concerning the young child; and when ye have found *him,* bring me word, that I also may come and worship him.

9. And they, having heard the king, went their way; and lo, the star, which they saw in the east, went before

them, till it came and stood over where the young child was.

10. And when they saw the star, they rejoiced with exceeding great joy.

11. And they came into the house and saw the young child with Mary his mother; and they fell down and worshipped him; and opening their treasures they offered unto him gifts, gold and frankincense and myrrh.

12. And being warned *of God* in a dream that they should not return to Herod, they departed into their own country another way.

GOLDEN TEXT—*Ye shall seek me, and find me, when ye shall search for me with all your heart.* —Jer. 29:13.

SILENT PRAYER—*I rejoice in the dawn of the Christ light in my mind and heart.*

All development is under law. Spiritual consciousness, or man's consciousness of his spiritual identity, grows according to a law as fixed as that which governs the planets in their orbits. That we have access to divine substance within the depths of our consciousness and that out of it we fashion a new ideal of life that is destined to lift us up and transform our whole being is a conception that brings us joy and gladness.

Bethlehem means "house of bread" or "the substance center," wherein the ideal man has his source. This ideal man is Jesus, whose name means "deliverance through Jehovah; Saviour." The name Herod means "heroic; son of a hero." The Christ ideal is born in man "in the days of Herod the king," or in the midst of the ruling power of the outer consciousness. The ruling power is antagonistic to the

new conception that, in due time, is destined to supplant it. Sense and spiritual consciousness are opposed to each other and cannot subsist in the same mind.

The Wise Men of the East who came to Jerusalem seeking the King of the Jews symbolize the inner resources of the mind when it is stirred to the depths by a revelation of Truth. The east represents the within, and the coming of the Wise Men signifies the intuitive wisdom reverently seeking out the new ideal of life that is beginning in consciousness. The King of the Jews, or ruling power of the spiritual consciousness, commands the worship and devotion of the soul, which lays its rich gifts at the feet of the Spirit of truth.

The Wise Men saw the star in the east. The astronomer Kepler calculated that in 7 B.C. there occurred three times a remarkable conjunction of the planets Jupiter and Saturn in the constellation Pisces. The following year a triple conjunction of these two with Mars occurred. This was followed by the appearance of a remarkably colored evanescent star, the true star of the Magi. By this reckoning the birth of Jesus took place in 6 B.C. instead of six years later.

The star symbolizes our inner conviction of our divine sonship. Our convictions are based on intuitive wisdom, and we show our wisdom by following our convictions; thus, making of our lives complete cycles or unity of belief and conduct.

The outer, personal, or sense consciousness is disturbed by the first inkling of the new birth in the heart and mind of man. Herod the king was

troubled "and all Jerusalem with him" by the inquiry of the Wise Men. Two years before this he had, in a fit of jealous fear, destroyed all the chief Pharisees. The outer state of peace (Jerusalem) that exists when the personal consciousness is in undisputed control is ruffled by the prospect of a change in our thinking and living.

The investigation of the credibility and genuineness of a man's inner experiences and their meaning for him may be made in the scientific spirit to determine the truth without bias or predilection. It may be made for the purpose of confirming his faith, which is enlisted in support of his inner experience. It may be conducted in the spirit of doubt and hostility to discredit the truth of what has seemed to force itself upon the worldly mind in the spirit in which Herod sought to find Jesus, not in order to worship Him but to destroy Him.

When we realize that the Christ ideal has begun to form in our minds we should watch over it lest the subtle desires of sense rob the ideal of its vitality and kill it out of consciousness. We should nurture and nourish the ideal with spiritual thoughts daily. Unless we do so, Herod will be successful in his quest, and the Christ child will be found by him.

The Wise Men offered the Christ child gold and frankincense and myrrh. Wisdom offers Truth the gold of unalloyed devotion and the frankincense and myrrh of proved and tried knowledge.

In the inmost recesses of our hearts or minds we feel and know that our salvation lies in clinging fast to the Christ ideal of life and turning our back on the Herod of sense and personality. Our "own

country" is the inner life of Spirit, and we return to it by way of prayer and meditation rather than by way of the outer sense consciousness. The Wise Men did not return to Herod, but warned in a dream not to do so, "departed into their own country another way."

Questions

1. What is the meaning of the name Bethlehem, and what is its significance as the birthplace of Jesus?
2. What is signified by the statement that Jesus was born "in the days of Herod the king"?
3. What do the Wise Men of the East symbolize; also the star seen in the east?
4. How should we nourish and develop the Christ ideal?
5. Interpret the last verse in the lesson.

God's Reality Is Deep

Justine Huntley Ulp

God's reality is deep like His ways of Truth,
And like sea tides sweeps over me,
A fathomless ocean
Of power, cleansing the wreckage of doubt
And leaving upon the shore
Steep rocks of devotion.
He opens the door of my heart,
Releasing faith's bright gift
Of healing. His great love is swift
With suddenness of rainbows,
Gleaming upon gray mists of the unknown.
His presence is lamplight,
Reflecting on a rainwashed street
Where I once walked alone.

Silent UNITY

Christ, the living Word, is born anew in me, and my soul is athrill with new inspiration.

The Society of Silent Unity, founded more than fifty years ago, is the healing department of Unity School, ministering without seeing them, to those who need help.

Our purpose is to aid through prayer all persons who, having faith in the power of God, ask for help.

Our temporal needs are met by the freewill offerings of those to whom we minister. "Give, and it shall be given unto you; good measure, pressed down, shaken together, running over."

Our Silent Unity group numbers some hundred consecrated workers who are devoting their lives to God's work for humanity. They are proving daily that physical, financial, mental, and spiritual difficulties can be overcome by righteous prayer. Even though everything else may have failed, we shall pray *with* you, for we have faith that "with God all things are possible."

We pray *with* you and also instruct you how to pray to the Father in secret in order that you may help yourself. Silent Unity is praying always, and your co-operation in prayer is of mutual benefit. Do not hesitate to write to us for help because your problem is personal. All correspondence is confidential.

Address your request to Society of Silent Unity, Lee's Summit, Mo. Cable address: Unity, Lee's Summit, Mo.

Give your full name and address

Prayers ANSWERED.....

These testimonials come from persons who have been healed by the power of Spirit. Those who wish to gain inspiration from someone whom God has healed may write, in care of the Unity School Editorial Department, to givers of these testimonials. Each letter must be unsealed and give the initials and address of the person to whom it is to be forwarded; also the name and date of the periodicals in which the testimonial appeared.

I Will Come and Heal

I WROTE to Silent Unity about the pending operation on my husband, and asked for prayers for guidance and wisdom. He went through surgery without a qualm; returned, and instead of going to sleep, asked for food. One hour after returning, he sat up and ate a regular meal. Everyone exclaimed, "Miracle," but I smiled: "God's miracle." Thanks again and God bless you in your work.—*Mrs. E. B. C., Kansas.*

I WROTE YOU for prayers for my wife who was to go to the hospital for a check-up. Our many friends here at home, prayed with us too.

The doctors at B—— had read an X ray that my wife's doctor here had sent to them. They wrote my wife's employer that she had active tuberculosis and should return to the hospital there. I immediately wrote you at Unity for prayers, and began to affirm that my wife was completely healed and that the test and X rays would show it and the doctors would know it.

She went to the hospital and returned home the same day. The doctors had X-rayed her and checked

her and told her that there wasn't anything wrong with her. They could not find any trouble in her lungs at all.

You at Unity can imagine the joy and happiness in our home that night. I am still praising God and thanking Him for that blessing. We have so many others too.

I want you at Unity to know that my sincerest thanks go out to you, and may God bless your wonderful work and make it grow.—*J. D. W., Arkansas.*

Filled with Plenty

I WROTE YOU asking your prayers for my niece and her husband for a quick sale of their property and the need of a new home.

This has all been completed so quickly and perfectly that I can scarcely realize it.

The people who bought their home are very happy with it and the new home they are going into is even more than they dreamed of, both financially and what they had hoped for.

Needless to say I cannot find words to express my gratitude to you for your prompt and loving assistance, in which my niece also joins me.

Thank you also for the little pamphlet and prayer you sent.—*A. H. O., California.*

FOUR DAYS ago I sent you an air-mail letter asking you to pray for me. We had less than ten days to complete the sale of our home before leaving the country. Up to that moment we hadn't even a prospective buyer.

You could not have received the letter much

earlier than yesterday. Then through a series of almost unbelievable incidents, a buyer appeared when we were not even home. When we returned, the agent informed us a deposit had been paid, and within a few hours from now, we are meeting with our lawyer to sign contracts.

I wanted so much to "believe" but my doubts and confusion around me made my faith a puny thing. In despair I turned to you, and my faith has been restored.

I earnestly pray now that I shall never forget this wonderful lesson in "believing." I feel God was gracious to us not for the solution of our immediate problem, but as a symbol of what sincere faith can do. . . . and how wonderful life intrusted to Him can really be!—*Mrs. N. F. A., New Jersey.*

He Shall Have Abundance

I WOULD LIKE to have another Prosperity Bank, as it always blesses me wonderfully to use one. Some time ago I wrote asking that you pray with me about a certain job my husband was being considered for. This job did not materialize, but as it turned out, my husband has said several times that he was glad he didn't get it because of difficulties which have shown up.

We still kept our affirmative prayer in our hearts and decided that the Lord had given the right answer to our prayer after all, as about six weeks ago my husband was given a wonderful position which was so good he hadn't even hoped for it. It is working out beautifully, and we are very

happy and grateful. Can you doubt that we want another bank, and to be a part of your prayer band which circles the globe? Thank you and God bless all of you!—*Mrs. I. W. P., Texas.*

I AM SENDING you the contents of my last Prosperity Bank, and hope it will do some good in spreading the Truth. Please send me another bank.

I have recently had a great demonstration in prosperity. I am on old age pension, and without any effort on my part, my pension was increased $10 a month. I am so very thankful for this, and give thanks every day to our Father who supplies all our needs.—*E. C., California.*

My Help Cometh from Jehovah

I HAVE NOT thanked you half enough for your wonderful kindness and generosity in sending me UNITY every month. How blessed I am to be the recipient of this marvelous spring of inspiration and wisdom. What problems it clears, what enthusiasm it kindles.

The thanks I so poorly try to express are not only mine, but also are sent from all the others with whom I share my copies of UNITY. They go to friends by post and are then returned to me, when I pack the copies up and send them to the St. John Ambulance Society, which shares them with the local hospitals.

So you see the good seed is scattered over various types of soil and is bound to bring forth a harvest. Ever gratefully yours.—*M. E. C., England.*

WHILE VISITING one of my relatives one day, I

as looking for something good and interesting to ad. I couldn't seem to find anything. Just as I rned away I noticed the little Unity book and I afed through it.

I read the first page, then the second one and nally the whole book. I looked around again and ound another one. I cannot explain to you just hat your books have done for me. They certainly eared up a lot of things in my mind concerning ny search for the right way of life.

The two books that I found were 1946 and 1949 ditions. I tried to buy them at a store but I could ot find them. Please let me know if I am on the ight track. If so, I would like to send for a year's ubscription.—*R. H., Georgia.*

Hearken Unto Me

SOME TIME ago I asked for prayers for guidance for my son in finding the right employment. He had had difficulty in finding work that paid enough for living expenses and in which he could use his two years of college training.

I am so grateful to God and to you for the blessing that came to him a few weeks ago. He was given a position with an electrical appliance company, one of the largest in the United States. In three weeks he was placed in a department where he will have opportunity to go on in the field of work he likes so well.

For this most beautiful answer to prayer and for all of the many blessings that have come to me and mine, I give thanks.—*Mrs. M. F., Texas.*

UNITY CENTERS

The following leaders are conducting a ministry in keeping with Christ teachings as interpreted by Unity School.

ALABAMA

Birmingham—Blanche Joki, 406 N 22

ARIZONA

Globe—Sarah Lightle, 117 E Oak

ARKANSAS

Little Rock—Mary Wayman, 108 Linwood

CALIFORNIA

Alhambra—Gertrude Hall, 25 N 2d

Auburn—John Hinkle, St Luke's Episcopal church

Bakersfield—Della Shutts, Brower bldg

Berkeley—Susanna Scott, Durant hotel; Kathryn Boyce, 2054 University

Beverly Hills—Ruth Rae, 200 S Canon

Burbank—Joseph & Mildred Haggerty, 1009 Cordova, Magnolia Arcade

Cambria—Alfred Williams, Highway & Warwick

Castro Valley—Edith Gruenwald, 6104 San Carlos

Compton—Margaret Butterworth, 115 N Chester

Culver City—Dollee Phillips, 4024 Irving

Escondido—Unity, 143 W Grand

Fontana—H P Nicholls, Community church

Fresno—Alice Stokes, 171 Blackstone

Glendale—Geraldine Johnson, 119 S Kenwood; Mary Adams, 724 South st

Hermosa—Winifred Dietz, 77 17th

Hollywood—Rose Schneider, 1162 N St Andrews

Inglewood—Maude Galpin, 226 E Spruce

La Crescenta—Harold Irving, 4004 La Crescenta

Laguna Beach—Myron Key, 678 Glenneyre

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Modesto—Alma Ladd, 316 Hackberry

Monrovia—Irene Malloy, 210 E Lime

Montebello Park—Gertrude Hall, Woman's Club

Napa—Helen Wade, Churchill manor

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Pasadena—Max & Frances Flickinger, 293 N Euclid; Carrie Love, 80 Orange

Pomona—C L Tuntland, 249 W Monterey

Redlands—H P Nicholls, 306 Brookside

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Riverside—Wm Schneider, 4044 8th

Sacramento—John Hinkle, 1025 9 Blanche Evans, Native Sons bldg

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San Diego—Marie Fleming, 441 C st

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San Gabriel—Ethel Turner, 325 S Pi

San Jose—Rose Emery, 40-B S 1st

San Leandro—Barbara Lyon, 561 L fayette

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Santa Barbara—Robert Sikking, 227 Arrellaga

Santa Cruz—F Robinson, 916 Riverside

Santa Monica—Sue Sikking, 1528 3d

Santa Rosa—Helen Wade, 845 3d

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Stockton—Grace Swannell, 48 W Popl

Studio City—Herbert J Schneider, 123 Moorpark

Taft—Della Shutts, 631 North

Van Nuys—Mary Hider, 14416 Victor Vera Stenen, 5745 Woodman ave

Vista—Sonja Samiran, 323 A B'way

Walnut Creek—Marie M Giles, Eagle Hall

Whittier—Louise Newman, 410 S Green leaf

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Denver—Alice Benson, 1441 Welton

Pueblo—Edith Wilshire, YWCA

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Bridgeport—Helen Kersten, 199 Fairfie

Hartford—Faith Cornwall, 926 Main

New Haven—Bonnie Adams, Hotel Taf

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Daytona Beach—Mary Huck, 128 B'way

Delray Beach—Frances Jarrell, 415 E Atlantic

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Ft Meyers—Ann Werner, 829 1st st

Jacksonville—Wm & Bonnie Grenson Lomax at May

Lake Worth—Maud Guitteau, 9 S Dixie hgw

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Orlando—Carolyn Parsons, 503 S Orange

Pensacola—Eva Rosencrans, 114 W Garden

Sanford—Carolyn Parsons, Valdez hotel

ta—Dorothy Roy, Woman's club
ersburg—Louise Beaty, 801 6 ave S
a—Ruby Wagner, 626 No B
Palm Beach—Don Iverson, 423 Iris

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a—Wendell Mixson, 635 W Peach-
; Mabel Butts (col) 382 Ashby NW

HAWAII

Julu—Marie Handly, 240 Lewers rd

IDAHO

—Christopher Scott, Pinney bldg

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el
mington—Margaret Cain, 108 E Mul-
ry
ipaign—Viretta Sutherland, First
thodist Church Parrish House
ago—W I & Anna Hoschouer; 306 S
abash; Unity, 64 W Randolph; Janet
audry, 410 S Michigan; Myrtle
ore, (col) 1129 E 45; Henrietta
rdon (col) 4307 S Mich; John
hnson (col) 3310 W 15
ttur—Hazel Erisman, 317 W Decatur
Louis—Florence Schaefer, 656 N 79
ston—Maud Kellogg, Evanston hotel
sonville—Viretta Sutherland, Dunlap
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unity Church, 16th & Charleston
lford—Bernice Biggers, 115 S Regan
ngfield—Eva Conover, 709 S 7th

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—Grace Free, YMCA 225 W 5th
mmond—Grace Free, YWCA bldg
ntington—Erwin Schlag, Court house
anapolis—Margaret Strahle, Claypool
otel; Frederick Andrews, 8 E Market

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Moines—Wm Fischer, 3118 Grand

KANSAS

tchinson—Nona Kerfoot, 316 W 15th
bka—Harriet Pfouts, Jayhawk hotel
chita—Carl & Lois Moran, 3241 Victor

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uth Cox (col) 1233 S 16

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and; Ruth Murphy, 3722 St Charles
reveport—Gilliam David, 721 College

MAINE

rtland—Unity, 562 Congress

MARYLAND

ltimore—E Roy Feldt, Emerson hotel

MASSACHUSETTS

ston—John Baughman, 30 Huntington
mbridge—Edna Titus, 881 Massachu-
setts
orcester—John Baughman, Academy
bldg

MICHIGAN

n Arbor—Marie Munro, 310 S State
ttle Creek—Eleonore Krafft, Womans'
League
y City—Aelola James, 231 Wash

Birmingham—Frank Clabach, Theater bldg
Detroit—Eric Butterworth, 17505 2d blvd
Martha Fishburn, 4221 Eastlawn; Virginia Shipley, 115 E Grand River; Lois Anderson (col) 146 Englewood
E Lansing—Roxie Miller, 425 W Grand River
Flint—Michael Giannuzzi, Metropolitan bldg
Grand Rapids—Leon Miller, Scribner & 2d N W
Jackson—Eleonore Krafft, Security bldg
Kalamazoo—Amy Moffett, 209 W Dutton
Lansing—Nora Hines, YWCA bldg
Midland—Aelola James, Community Center bldg
Muskegon—Leon Miller, YWCA
Pontiac—Eve Edeen, 72½ N Saginaw
Royal Oak—Walfred Taurainen, 101 S Troy

MINNESOTA

Minneapolis—Lila Ranney, 2300 Hennepin
St Paul—Nellie Hohenwald, New York bldg

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Kansas City—Louis E & Ethel Meyer, Dan N Saunders, 707 W 47th
Lemay—Julia McKee, 284 Lemay
Lee's Summit—Unity Farm Center
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Springfield—Polly Weeks, 213 E Chestnut
St Joseph—Osla Jones, 12 and Felix
St Louis—Dale & Donna Newsum, 4526 West Pine; Hilda Eilers, 3616 Bates; Florence Brummer, 4621 S Kingshighway; Ethel Bradley, 11 N Jefferson

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Butte—Mary Wessel, YMCA
Great Falls—Lillian Cook, 1023 2 Ave S
Livingston—Mary Wessel, 118 E Callender
Missoula—Maidie Van Etten, 517 E Main

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Lincoln—Mary Robinson, 138 N 12
Omaha—C N & Hallie Broadhurst 1317 N 42d

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Reno—Robt & Fay Caswell, 847 University

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Allenhurst—John Manola, 411 Spier
Hackensack—Eleanor Drew, Woman's club
Montclair—Gladys Stevenson, 6 S Fullerton
Newark—Edith Berry, Berwick hotel
Plainfield—Elinor MacDonald, Babcock bldg
Paterson—Gladys Stevenson, 35 Church
Ridgewood—Louise Gerbold, YWCA, 112 Oak
Trenton—Elinor MacDonald, 232 Hamilton

NEW MEXICO

Albuquerque—Mina Stevenson, 1219 Tijeras ave NW

NEW YORK

Albany—Marian Hoagland, YWCA
Buffalo—Lillian Matthews, Statler hotel
Elmira—Fred Beale, 455 W Gray
Flushing—Adele Woodruff, 135-42 40 rd
Forest Hills—Adele Woodruff, Tennis Grill, 6 Burns
Great Neck—Emma Jean Sartori, 73 Cutter Mill
New Rochelle—Ethel Nickelsen, Huguenot YMCA
New York—Georgiana West, 1 W 47: Crichton Boatwright, 57 Park Ave Josephine Siemon, 400 E 59; Stella Wrenn, 15 E 11 st; Nanna Sutton (col) 137 W 110; Janet Holland (col) 2523 7th ave
Rochester—Elise Rosenburg, 55 Prince
Roslyn Heights—Adele Woodruff, 58 Mineola
Schenectady—Marian Hoagland, Lafayette & Chapel
Syracuse—Russell Kemp, 110 Onondaga A
Troy—Marian Hoagland, 50 2d
Valley Stream—Stella Wrenn, 145 S Franklin
White Plains—Eleanor Drew, Masonic temple

NORTH CAROLINA

Asheville—Velma Hoffman, Battery Park hotel

OHIO

Akron—Frank Grunder, YWCA 146 S High
Canton—Frank Grunder, 203 6th N W
Cincinnati—Erma E Wissman, Madison & Andrews; Millie Leslie, 18 W 9
Cleveland—Earl & Martha Anthony, Hotel Cleveland; Cleo Lee, Masonic temple, 3615 Euclid
Columbus—Joe Jones, 50 West 5th ave
Dayton—Ethel Crouch, 1008 Grand ave
Hamilton—May Harding, 117 Ross
Marion—Mercedes Fossler, YMCA
Springfield—Lucy Stringer, 2215 E High
Toledo—Wallace Tooke, 2749 Upton
Warren—Everett St John, Harris Theater bldg, 166 High NW
Youngstown—Everett St John, Home Sav & Loan bldg

OKLAHOMA

Bartlesville—Ruth Jacques, YWCA bldg
Muskogee—Ruth Jacques, Equity bldg
Oklahoma City—Alice & Schuyler Cronley, Midwest bldg
Okmulgee—Ruth Jacques, 111 E 7
Tulsa—Grace Kehrer, 714 S Boston

OREGON

Eugene—Muriel Venable, 1215 Oak
Portland—Marion Lance, 811 NW 20

PENNSYLVANIA

Philadelphia—Margaret Feldt, St James hotel; Adelaide Cotter, 1835 Chestn
Pittsburgh—Andrew Carlson, 809 Arc

PUERTO RICO

San Juan—Rafaela Melendez, Cond ave 306 stop 17, Santurce

TENNESSEE

Chattanooga—Frances Clement, 207 Fel bldg
Memphis—Unity, 1911 Madison ave
Nashville—Susan Smartt, 1816 Broad

TEXAS

Amarillo—Eugenia Lane, 2120 Tyler
Dallas—Ruth Gillespie, Cora Crand 2030 Commerce & Greenville McCommas
El Paso—Mabel Peck, 1300 E Rio Gran
Fort Worth—Ruth Johnson, 901 Page
Houston—Lillian Brass, 3500 Louisian Corine Smith (col) 1302 Schwartz
San Antonio—Mary Myles, Maverick bl

WASHINGTON

Bremerton—Marion Brown, 925 Park
Everett—Estelle MacPherson, 2609 W more
Olympia—Warren Meyer, YWCA
Pasco—Beulah Scott, 404 N 7
Redmond—Ella Peterson, Redmond Pa Log Cabin
Seattle—Donald O'Connor, Arcade bl
Spokane—Herbert Hunt, 1124 W 6 a
Tacoma—Warren Meyer, 1012½ A
Wenatchee—Beulah Scott, Columbia hot
Yakima—Beulah Scott, 109 S 4

WEST VIRGINIA

Huntington—Dan Gunderson, 701 6th a

WISCONSIN

Beloit—Bernice Biggers, YWCA bldg
Kenosha—Lu Verna Bauer, Woman club
Mercer—Ella Beierle, Community bldg
Milwaukee—Mae Lundahl, 1820 E Nort Emma Terrien, S12 & W Madison
Sheboygan—Lu Verna Bauer, 1603 S

CANADA

London—Herbert Nicklin, 175 King
Montreal—May Duncan, Ritz-Carlt hotel
Ottawa—May Duncan, King's Daught bldg, Laurier ave
Toronto—Mary & George Dunning, 22 Yonge
Winnipeg—Edna Bowyer, 360 Young

ENGLAND

Carnarvon, North Wales—Dora Johnso Llanfair Hall
Easington Village—Thomas Merrington 11 Sea View, Co Durham
London—Ruth Hacking, 6 Stanhope Te race, W 2
Nr Whitstable—Olive Hacking, 14 Russe dr, Swalecliffe, Kent
Sunderland—Thomas Merrington, Durham

MEXICO

Mexico D F—Clara Kouns Lumpki Jaurez 30, room 305

Unity literature in French: Unite, 93 rue Truffaut, Paris XVIIe, France; in Italian: Revista Unita, 31 Via Ravadera, Torre Pellice (Torino) Italy.

Unity Books and Booklets

or eginners	Beginning Again		$1.00
	Favorite Unity Radio Talks		1 00
	God a Present Help		1.00
	God Is the Answer	*Dutch, English*	1.00
	Great Physician, The		1.00
	How I Used Truth	*German, English*	1.00
	Lessons in Truth	*English, Italian*	1.00
		German, Spanish, Russian, French, Dutch	1.00
	Letters of Myrtle Fillmore		1.00
	More Wonderful You, A		1.00
	New Ways to Solve Old Problems		1.00
	Things to Be Remembered		1.00
	Whatsoever Ye Shall Ask		1.00
'or Healing	Christian Healing	*German, English*	1.00
	Directions for Beginners	*Spanish*	.10
	Divine Remedies		1.00
	Jesus Christ Heals		1.00
	Six-Day Healing Practice, A		.25
	Truth Ideas of an M.D.		1.00
	You Can Be Healed		1.00
or the Home	You and Your Child	*French, English*	1.00
'or Prosperity	Both Riches and Honor	*French, English*	1.00
	Prayer in the Market Place		1.00
	Prosperity		1.00
	Prosperity's Ten Commandments		1.00
	Working with God		1.00
'or nspiration	Best-Loved Unity Poems		1.00
	Finding the Christ	*Russian, German, Swedish*	.10
	Have We Lived Before?		1.00
	Household of Faith, The		5.00
	Lovingly in the Hands of the Father		1.00
	Mightier than Circumstance		1.00
	Prayer Changes Things		1.00
	Sunlit Way, The		1.00
'or Devotion	Book of Silent Prayer		.50
	Effectual Prayer		1.00
	Holy Bible, American Standard Version		6.50
'or Advanced Study	Atom-Smashing Power of Mind		1.00
	Christ Enthroned in Man		1.00
	Know Thyself		1.00
	Metaphysical Bible Dictionary		5.00
	Mysteries of Genesis		1.00
	Mysteries of John		1.00
	Selected Studies		1.00
	Talks on Truth		1.00
	Teach Us to Pray	*French, English*	1.00
	Twelve Powers of Man, The		1.00
	What Are You?		1.00
For Children	Barky and His Friends (for ages 4 to 8)		1.00
	Crybaby Kangaroo (for ages 4 to 8)		1.00
	Jet's Adventures (for ages 8 to 12)		1.00
	Jet and the New Country (for ages 8 to 12)		1.00
	Jet's Choice (for ages 8 to 12)		1.00
	Teach Me to Pray (for ages 7 to 11)		1.25
	Thank You, God (for ages 3 to 8)		1.25

Greeting Booklets

Christmas Blessing	.10	Great Helper, The	.10
Christmas Spirit, The	.10	Holy Bread	.10
For Thy Benediction	.10	Mental Equivalent, The	.10
Gift Imperishable, The	.10	Sanctuary	.10
God Bless Your Christmas	.10	Week before Christmas, The	.10
God Is Blessing You Now	.10	Where I Am King	.10

(Any 12 of these booklets $1. Envelopes included)

WE SUGGEST THESE UNITY BOOKS AS

Christmas Gifts

(PRICE $1 EACH)

Things to Be Remembered—new book by Lowell Fillmore. Ready just in time for Christmas giving, this book is a collection of Lowell Fillmore's popular articles from *Weekly Unity* magazine. It offers much valuable counsel for meeting daily problems. In the chapter "Meeting Yourself" we are urged to find the good in our world and to increase our awareness of it by praising and blessing it. In the chapter "Conquering Jealousy" the author calls jealousy a soul disease that works on one's mind so that he often blames others for his difficulty. Lowell Fillmore's strong ideas are designed to help us cast out jealousy by the power of God, to be forgiving and thankful, and to rejoice in the success of others. Thus, we are told, may we put ourselves on friendly relationship with success.

You Can Be Healed—by Clara Palmer. The fine instruction in spiritual-healing methods contained in this book has been proved by the author in overcoming what had been termed a hopeless physical condition and in helping others rise above physical ills. In the book she begins by treating one's attitude toward his whole body and then proceeds to consider the eyes, ears, nose, parts of the throat, the heart, liver, veins, lungs, and other parts of the body. Near the end of the book is a chapter on epidemics, and the author closes with the powerful promises of the chapter "Wholeness for You." Here are simple spiritual remedies that anyone can use.

Prosperity—by Charles Fillmore. Through testing the power of faith and proving in his own life the promises of the Bible, Charles Fillmore gained valuable experience in demonstrating prosperity. In this book he shares his knowledge with the world. He says in the Foreword, "What we need

o realize above all else is that God has provided for the nost minute needs of our daily life." The first chapter ex-lains spiritual substance, the source of all supply, as the asis of the universe. Suggestions are given to help the eader increase his thought of divine substance, and the first tep in contacting true prosperity is outlined. Here are welve chapters of dynamic ideas and affirmations.

What Are You?—by Imelda Octavia Shanklin. This book s a rich, powerful message to help anyone reshape his life long the lines he desires. Its keynote might be expressed n these words from the chapter "Life Pays": "The two nd two of your endeavors equal the four of your results. You are cause and your circumstances are effect." Miss hanklin believes wholeheartedly that man has power to nake his life what he wishes it to be, and her strong, ibrant words will thrill the reader with new courage and etermination to live triumphantly as a child of God.

Whatsoever Ye Shall Ask—by Zelia M. Walters. This is collection of Doctor Houston stories that have appeared n *Weekly Unity*. These stories continue to be immensely opular because of the down-to-earth teaching they give in ccounts of physical healings, of desirable employment ob-ained, and of adjustments made in human relations. All re based on the actual experience of the Truth teacher epresented by Doctor Houston.

(A complete list of Unity books appears on page 87.)

Unity SCHOOL OF CHRISTIANITY

LEE'S SUMMIT, MISSOURI

For Christmas

A *Unity* MAGAZINE FOR EVERYONE

Not just once, but all during the year a subscription for a Unity magazine will bring your friends inspiration, cheer, and help in their daily living. The Christmas gift subscriptions you order now will begin with the Christmas issue and will be announced by an attractive Christmas card bearing your name as the giver.

FOR CHILDREN—*Wee Wisdom*—From the bright full-color cover picture to the announcement on the back, each issue of this beloved magazine offers character-building ideas and features to bring many fun-filled hours to the boy or girl who receives it. And parents, too, will appreciate *Wee Wisdom* for the constructive entertainment it provides their youngsters. 12 issues, $2 a year.

FOR TEEN-AGERS—*You*—Inspiring Truth teaching in appealing story form that teen-agers will readily accept and use. *You* helps teen-agers find the right solution to their problems and teaches them to live triumphant, purposeful lives. 12 issues, $1 a year.

FOR DAILY HELP—*Daily Word*—A one-page lesson, an affirmative prayer, and a Bible verse for each day of the month, plus inspirational articles and poems. Over a half million readers find inspiration in this compact, Truth-filled magazine. 12 issues, $1 a year.

FOR NEW TRUTH STUDENTS—*Weekly Unity*—In clear, understandable terms this Truth magazine for beginners offers instructions on how to apply Truth to one's daily life. Each week this eight-page magazine presents practical ideas in helpful articles, Truth poems, Bible lessons, and other fine departments. 52 issues, $1 a year.

FOR BUSINESS PEOPLE—*Good Business*—Christian principles form the best basis for business and are "the last word in economics." *Good Business* magazine carries practical articles that show how business people have applied profitably and successfully the principles that Jesus taught. 12 issues, $1 a year.

FOR ADVANCED THINKERS—*Unity*—Established by Charles Fillmore in the early days of the Unity movement, this magazine has long been popular for its powerful teaching. As a regular reader you know that each issue features an article and an analysis of the Monthly Thoughts taken from his writings, as well as articles by other outstanding Truth writers, the Sunday Lessons, the Prayers Answered department, inspiring poems, and other helpful features. No doubt you will wish to share its inspiration with some of your friends at Christmas. 12 issues, $1 a year.

Make your selection and send your order today to be assured of prompt handling.

Unity SCHOOL OF CHRISTIANITY
LEE'S SUMMIT, MISSOURI

"The Story of Unity" for Christmas

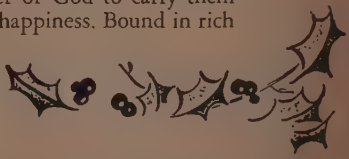
The ideal Christmas gift for that special friend is the book *The Household of Faith,* by James Dillet Freeman, which tells the story of Unity and its founders Charles and Myrtle Fillmore.

This is a human story, the story of how these beloved persons met many human trials; it is also a spiritual story, telling how gloriously they overcame these trials to achieve a wonderful life for themselves and, through their precepts and teachings, for countless others.

This remarkably readable biography tells how a man who was born in a log cabin and a woman who was an invalid developed the spiritual strength to found a religious movement that has benefited millions. It is the story of Unity, its founding, its growth, and its scope today.

Those who were well acquainted with Unity's founders have commented on the accuracy of the account and the insight it gives into the true character of Charles and Myrtle Fillmore. After reading the book their son Lowell Fillmore said, "It was like having a visit with Father and Mother." Their granddaughter Rosemary Grace commented, "I have never really known my family before."

When your friends begin this book they will want to read it all the way through, and when they have read it they will rise with renewed faith and courage—with new conviction of the power of God to carry them through to success and happiness. Bound in rich brown Keratol with cover lettered in gold leaf, *The Household of Faith* is priced at $5 a copy.



UNITY SCHOOL OF CHRISTIANITY

LEE'S SUMMIT, MISSOURI

Suggestions for Christmas

FOR CHRISTMAS FESTIVITIES—*Unity Song Selections.* Whether you are planning a Christmas observance at church, a school program, or just having a small group of friends in to sing Christmas carols, *Unity Song Selections* will contribute much to the occasion. This hymnbook contains words and music for "Joy to the World," "O Little Town of Bethlehem," and many other favorite Christmas songs as well as beloved hymns for general use, other holidays, and special occasions. Containing 309 songs in all, *Unity Song Selections* is bound in durable dark-green Keratol and priced at $1 a copy.

THE WORLD'S BEST SELLER—*The Holy Bible.* No story of the Nativity is more beautiful than those told in the Bible itself. Long ranking first in number of copies sold, the Bible has been translated into many languages, so that nearly every person can read at least part of it in his own language. The Nelson Teachers' Edition of the Bible, following the American Standard Version, is the one Unity School recommends and uses. Printed on imported Bible paper, with gilt-edged pages, this book makes a gift to be treasured. Bound in beautiful, long-wearing black Keratol, this volume is priced at $6.50 a copy.

FOR BIBLE STUDENTS—*Metaphysical Bible Dictionary.* Here is a book of invaluable aid to advanced Truth students. It gives the inner, hidden meaning of scriptural names in simple language, and usually a brief explanation of the background and history of the word defined is included. Containing 706 pages of clear, large-sized type and bound in durable blue buckram, the *Metaphysical Bible Dictionary* is priced at $5 a copy.

UNITY SCHOOL OF CHRISTIANITY

LEE'S SUMMIT, MISSOURI

Christmas for Children--

UNITY STORYBOOKS

Children live in a fascinating, exciting world with their storybooks, and they unconsciously pattern their actions after those of their favorite heroes. So the books they read must be selected not only for entertainment value but for educational and spiritual guidance as well.

Unity storybooks are ideal for children, because they offer character-building stories in bright-colored, attractively decorated books that appeal to children and present Truth ideas in a form that they can understand and use. Several new books have been added to the list this Christmas, so that there is a wide selection that includes every age group for children:

READ-ALOUD STORIES

By Georgia Tucker Smith (ages 4 to 8)

Barky and His Friends—new this Christmas—This is a collection of charming rhymed-prose stories about Barky, a little dog. These stories first appeared in *Wee Wisdom* magazine. Full-color stiff-paper cover, attractive illustrations. Price, $1 a copy.

Crybaby Kangaroo—This book tells the adventures of many more *Wee Wisdom* characters, such as Little Tippy Snow Shoes (a rabbit), Sparkle Firefly, Billy Bear, Benny Beaver, Peter Pumpkin, Wiggie (a worm), and others. It, too, has colorful illustrations and full-color stiff-paper cover. $1 a copy.

JET STORIES

By Bula Hahn (ages 8 to 12)

t's Adventures—The first of the Jet books tells how Jet ockwell, a pioneer boy, journeyed with his family in a overed wagon to the new frontier in the West. $1 a copy.

t and the New Country—A sequel to *Jet's Adventures,* lling how Jet and his sister Sarah help build a home, ake new friends, and acquire an Indian pony. $1 a copy.

t's Choice—new this Christmas—Third in the series; in Jet befriends a stranger, meets a pony-express rider, and akes an important decision all by himself. $1 a copy.

All the Jet books are bound in red cloth and protected colorful dust jackets.

BOOKS ON PRAYER

By Bill and Bernard Martin

each Me to Pray—Children 7 to 11 will learn to pray hile enjoying these beautifully illustrated stories. Younger ildren will benefit, too, when Father or Mother leads the mily in prayer. In this book thirty pages give a Bible xt, short lesson story, and a prayer on the lesson subject r each day of the month. Stiff-paper cover, full-color lustrations. $1.25.

hank You, God—new this Christmas—This book will ach younger children from 3 to 8 more about prayer. Stiff-per cover, full-color illustrations. $1.25 a copy.

Unity SCHOOL OF CHRISTIANITY

LEE'S SUMMIT, MISSOURI

Send Christmas Greetings with Unity Greeting Booklets

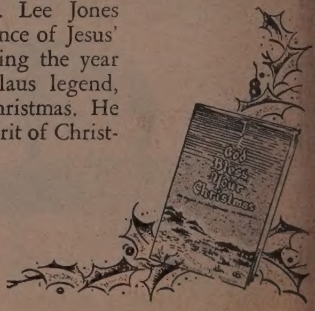
THE WEEK BEFORE CHRISTMAS—This booklet prepared especially for the 1952 Christmas season emphasizes spiritual preparation for Christmas. It includes pages for each day of the week before Christmas, an article by Charles Fillmore, and a message from Silent Unity.

CHRISTMAS BLESSING—Clara Palmer gives many inspiring ideas about Christmas. She asks a blessing for the reader and points the way for him to pass blessings on to others.

THE CHRISTMAS SPIRIT—Poems and meditations dealing with the theme of Christmas. Included are Bible verses on the birth of Jesus, an excerpt from a Christmas letter written in 1513, the title article by James Dillet Freeman, and other fine items.

FOR THY BENEDICTION—These prayer-poems by Frank B. Whitney are appropriate and helpful during the entire year. In addition to the title poem it includes "Child of God, I Bless You," "I Am the Christ," and many other fine poems.

THE GIFT IMPERISHABLE—A charming message by H. Lee Jones telling of a child's acceptance of Jesus' promises of good all during the year in place of the Santa Claus legend, which applies only at Christmas. He urges that we retain the spirit of Christmas all during the year.



GOD BLESS YOUR CHRISTMAS—Poems from Unity periodicals that carry thoughts especially applicable to

e Christmas season. Includes poems by James Dillet Free-
an, Ernest C. Wilson, Elizabeth Landeweer, and other
pular Unity authors.

OD IS BLESSING YOU NOW—Twelve meditations
om Silent Unity for use all during the year. Some subjects
vered are health, courage, energy, alertness, optimism,
d intelligence.

HE GREAT HELPER—This powerful message by Dana
atlin tells how to let God take full charge of your life and
fairs. Many have found new life through turning to the
eat Helper, as she urges.

OLY BREAD—Here Zelia M. Walters tells a story, based
a true incident, of a loving act done in Christ's name
d the marvelous results that followed.

HE MENTAL EQUIVALENT—Emmet Fox, in his clear,
cid manner, tells how to rid your mind of the wrong
eas and to build into it the right equivalent for the con-
tions you want.

ANCTUARY—Short, inspirational articles from the Unity
agazines. In addition to the title article by R. H. Gren-
lle, it includes articles by Grenville Kleiser, Zelia M.
Valters, and other fine Truth writers.

VHERE I AM KING—In this powerful message Dana
atlin stresses the reigning power of the mind. She points
ut ways of refusing to entertain unwanted thoughts and of
ubstituting thoughts that will create conditions we desire.

★ ★ ★ ★ ★ ★

These booklets are priced at 10 cents each, 12 for $1, and
ome with attractive envelopes for mailing that require only
cents postage. Order your booklets today so that you may
ddress and mail them to your friends in time for Christmas.

UNITY SCHOOL OF CHRISTIANITY
LEE'S SUMMIT, MISSOURI

Christmas Gift

Georgia Moore Eberling

I send you silence on this holy night:
The brooding stillness of the golden stars;
The quietness of moonbeams, whose pale light
Drifts down to earth through clouds of filmy bars.
I give you heaven's hush, deep as the peace
On snow-draped hills before the dawn has come,
When lofty pines are wrapped in soft snow fleece,
And day has not yet beat her thudding drum.
I give you quietude as sweet and still
As sun-warmed prairies when the bluebells grow;
As soothing as the whisper of the rill
In early spring when purple violets blow.
This is the boon I wish for you this year—
God's quiet in your soul, your pathway clear.